SEC Form 3

FORM 3

# UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

### INITIAL STATEMENT OF BENEFICIAL OWNERSHIP OF SECURITIES

OMB APPROVAL
OMB Number: 3235-0104

Estimated average burden hours per response: 0.5

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Add LaLonde T	2. Date of Event Requiring Staten Month/Day/Year 2/14/2006		3. Issuer Name <b>and</b> Ticker or Trading Symbol <u>CARROLS RESTAURANT GROUP, INC.</u> [ TAST ]								
(Last) C/O CARROI INC.	O CARROLS RESTAURANT GROUP,				4. Relationship of Reporting Perso (Check all applicable) Director		10% Owner Other (specify below)		5. If Amendment, Date of Original Filed (Month/Day/Year)		
968 JAMES STREET					Х	Officer (give title below) Vice President & Co			6. Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person		
(Street) SYRACUSE	NY	13203								Form filed by Reporting Po	y More than One erson
(City)	(State)	(Zip)									
Table I - Non-Derivative Securities Beneficially Owned											
1. Title of Security (Instr. 4)					2. Amount of Securities Beneficially Owned (Instr. 4)		3. Ownership Form: Direct (D) or Indirect (I) (Instr. 5)		4. Nature of Indirect Beneficial Ownership (Instr. 5)		
Common Stock, par value \$.01 per share						22,824	D				
Table II - Derivative Securities Beneficially Owned         (e.g., puts, calls, warrants, options, convertible securities)											
1. Title of Derivative Security (Instr. 4)			2. Date Exercisable ar Expiration Date (Month/Day/Year)		nd 3. Title and Amount of Secur Underlying Derivative Secur				rcise Form:		6. Nature of Indirect Beneficial Ownership (Instr. 5)
			Date Exercisable	Expiratio Date	n Title	2	Amount or Number of Shares	Derivati Security	ve	Direct (D) or Indirect (I) (Instr. 5)	

## Explanation of Responses:

#### **Remarks:**

The Reporting Person holds an option that will become reportable if and when (a) the Issuer's initial public offering price is established and (b) the offering contemplated by the Issuer's Registration Statement on Form S-1 (Registration No. 333-137524) (including the prospectus contained therein and any and all exhibits and other documents relating thereto) under the Securities Act of 1933, as amended, filed with the United States Securities and Exchange Commission on September 22, 2006, as amended, is consummated.

#### <u>/s/ Timothy LaLonde</u>

<u>12/14/2006</u> Date

\*\* Signature of Reporting Person

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

\* If the form is filed by more than one reporting person, see Instruction 5 (b)(v).

\*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.