FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL

OMB Number: 3235-0287 Estimated average burden hours per response: 0.5

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

O8/17/2015 O8/	10% Or Other (below) d President p Filing (Check Age Reporting Persone than One Report than O	wner specify pplicable
TAST X Director X Officer (give title below) C/O CARROLS RESTAURANT GROUP, INC. 968 JAMES STREET 3. Date of Earliest Transaction (Month/Day/Year) 08/17/2015 CEO and 08/17/2015 CEO and 08/17/2015 CEO and 08/17/2015 CEO and 08/17/2015 CEO and 08/17/2015 CEO and 08/17/2015 CEO and 08/17/2015 CEO and 08/17/2015 CEO and 08/17/2015 CEO and 08/17/2015 CEO and 08/17/2015 CEO and 08/17/2015 CEO and 08/17/2015 CEO and 08/17/2015 CEO and 08/17/2015 CEO and 08/17/2015 CEO and 08/17/2015 CEO and 08/17/2015 CEO and 08/17/2015 CEO and 08/17/2015 CEO and 08/17/2015 CEO and 08/17/2015 CEO and	Other (controlled below) d President p Filing (Check Apperent of the Reporting Personer than One Report than One Report of the	pplicable on orting 7. Nature of Indirect Beneficial Ownership
(Last) (First) (Middle) C/O CARROLS RESTAURANT GROUP, INC. 968 JAMES STREET 4. If Amendment, Date of Original Filed (Month/Day/Year) (Street) SYRACUSE NY 13203 Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned 1. Title of Security (Instr. 3) 2. Transaction Date (Month/Day/Year) (Month/Day/Year) (Month/Day/Year) 2. A. Deemed Execution Date, if any (Month/Day/Year) (Month/Day/Year) (Code V Amount (A) or Price (Instr. 3 and 4) Common Stock, \$0.01 par value 08/17/2015 S 6,460 D \$13.15 1,060,180 Common Stock, \$0.01 par value 08/17/2015 S 200 D \$13.2 1,059,980	below) d President p Filing (Check Age Reporting Persone than One Reporting Persone than One Report than One	pplicable on orting 7. Nature of Indirect Beneficial Ownership
O8/17/2015 O8/	p Filing (Check Apele Reporting Persone than One Report than O	7. Nature of Indirect Beneficial Ownership
City SYRACUSE NY 13203 X Form filed by One Form filed by More Person X Form	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership
SYRACUSE NY 13203 X Form filed by One Form filed by More Person Form filed by More Person Stock, \$0.01 par value 08/17/2015 S 2. Transaction Common Stock, \$0.01 par value 08/17/2015 S 2. Transaction Sylvariation Date, (Month/Day/Year) S Common Stock, \$0.01 par value 08/17/2015 S 2. Transaction Sylvariation Date, (Month/Day/Year) S Common Stock, \$0.01 par value 08/17/2015 S 2. Transaction Socurities Acquired (A) or Disposed Of (D) (Instr. 3, 4 and 5) S. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4) S S S S S S S S S	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership
Common Stock, \$0.01 par value Common Stock, \$0.01 par valu	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership
2. Transaction Date (Month/Day/Year) 2. Transaction Date (Month/Day/Year) 2. Transaction Date (Month/Day/Year) 2. Transaction Date (Month/Day/Year) 3. Transaction Code (Instr. 8) 4. Securities Acquired (A) or Disposed Of (D) (Instr. 3, 4 and 5) 5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	Form: Direct (D) or Indirect (I) (Instr. 4)	of Indirect Beneficial Ownership
$\begin{array}{c ccccccccccccccccccccccccccccccccccc$	Form: Direct (D) or Indirect (I) (Instr. 4)	of Indirect Beneficial Ownership
Code V Amount (A) or (D) Price Reported Transaction(s) (Instr. 3 and 4) Common Stock, \$0.01 par value 08/17/2015 S 6,460 D \$13.15 1,060,180 Common Stock, \$0.01 par value 08/17/2015 S 200 D \$13.2 1,059,980		(Instr. 4)
Common Stock, \$0.01 par value 08/17/2015 S 200 D \$13.2 1,059,980	D	
Common Stock, \$0.01 par value 08/17/2015 s 3,440 D \$13.1625 1,056,540	D	
	D	
Common Stock, \$0.01 par value 08/17/2015 s 200 D \$13.159 1,056,340	D	
Common Stock, \$0.01 par value 08/17/2015 S 1,050 D \$13.1592 1,055,290	D	
Common Stock, \$0.01 par value 08/17/2015 S 4,574 D \$13.13 1,050,716	D	
Common Stock, \$0.01 par value 08/17/2015 s 600 D \$13.12 1,050,116	D	
Common Stock, \$0.01 par value 08/17/2015 S 1,100 D \$13.11 1,049,016	D	
Common Stock, \$0.01 par value 08/17/2015 S 1,277 D \$13.1 1,047,739	D	
Common Stock, \$0.01 par value 08/17/2015 S 2,514 D \$13.09 1,045,225	D	
Common Stock, \$0.01 par value 08/17/2015 S 600 D \$13.08 1,044,625	D	
Common Stock, \$0.01 par value 08/17/2015 S 9,400 D \$13.07 1,035,225	D	
Common Stock, \$0.01 par value 08/17/2015 s 100 D \$13.06 1,035,125	D	
Common Stock, \$0.01 par value 08/17/2015 S 5,485 D \$13.04 1,029,640	D	
Common Stock, \$0.01 par value 08/17/2015 S 100 D \$13.052 1,029,540	D	
Common Stock, \$0.01 par value 08/17/2015 S 2,900 D \$13.0414 1,026,640	D	
Common Stock, \$0.01 par value 08/17/2015 S 37 D \$12.94 1,026,603	D	
Common Stock, \$0.01 par value 08/17/2015 S 315 D \$13.01 1,026,288	D	
Common Stock, \$0.01 par value 08/17/2015 s 9,648 D \$12.9479 1,016,640	D	
Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)		
1. Title of Derivative Security (Instr. 3) Price of Derivative Security Security 1. Title of Derivative Security Securities	Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
Code V (A) (D) Date Expiration Date Date Shares Explanation of Responses:		

Remarks:

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.