



February 4, 2016

Carrols Restaurant Group, Inc. to Announce Fourth Quarter and Full Year 2015 Financial Results on March 3, 2016

Company to Present at the Raymond James Conference on March 7, 2016

SYRACUSE, N.Y.--(BUSINESS WIRE)-- Carrols Restaurant Group, Inc. ("Carrols") (Nasdaq: TAST), the largest BURGER KING® franchisee in the United States, today announced that Daniel T. Accordino, Chief Executive Officer, and Paul Flanders, Chief Financial Officer, will host a conference call to discuss fourth quarter and full year 2015 financial results on Thursday, March 3, 2016 at 8:30 AM ET. A press release with fourth quarter and full year 2015 financial results will be issued at 7:00 AM ET that same day.

The conference call can be accessed live over the phone by dialing 888-468-2440 or for international callers by dialing 719-325-2495. A replay will be available one hour after the call and can be accessed by dialing 888-203-1112 or for international callers by dialing 1-719-457-0820; the passcode is 2999334. The replay will be available until Thursday, March 10, 2016. Investors and interested parties may listen to a webcast of this conference call by visiting www.carrols.com under the tab "Investor Relations".

Investor Conference Participation

Carrols also announced today that Paul Flanders, Chief Financial Officer, will be presenting at the Raymond James 37th Annual Institutional Investors Conference in Orlando, Florida on Monday, March 7, 2016 at 8:05 AM ET. Investors and interested parties may listen to a webcast of this presentation by visiting www.carrols.com under the tab "Investor Relations".

About the Company

Carrols is the largest BURGER KING® franchisee in the United States with 705 restaurants as of January 3, 2016 and has operated BURGER KING® restaurants since 1976. For more information on Carrols, please visit the company's website at www.carrols.com.

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