UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

SCHEDULE 14A INFORMATION

Proxy Statement Pursuant to Section 14(a) of the Securities Exchange Act of 1934 (Amendment No.)

Filed by the Registrant x			
Filed by a Party other than the Registrant □			
Check the appropriate box:			
☐ Preliminary Proxy Statement			
☐ Confidential, for Use of the Commission Only (as permitted by Rule 14a-6(e)(2))			
☐ Definitive Proxy Statement			
x Definitive Additional Materials			
□ Soliciting Material under Section 240.14a-12			
CARROLS RESTAURANT GROUP, INC.			
CARROLS RESTAURANT GROUT, INC.			
(Name of Registrant as Specified in its Charter)			
(Name of Registrant as Specified in its Charter)			
(Name of Registrant as Specified in its Charter) (Name of Person(s) Filing Proxy Statement if other than the Registrant)			
(Name of Registrant as Specified in its Charter) (Name of Person(s) Filing Proxy Statement if other than the Registrant) Payment of Filing Fee (Check all boxes that apply):			



CARROLS RESTAURANT GROUP, INC.

2022 Annual Meeting Vote by June 16, 2022 11:59 PM ET



D82088-P73723

CARROLS RESTAURANT GROUP, INC ATTN: ANTHONY E. HULL, VP/CFO 968 JAMES STREET SYRACUSE, NY 13203

You invested in CARROLS RESTAURANT GROUP, INC. and it's time to vote!

You have the right to vote on proposals being presented at the Annual Meeting. This is an important notice regarding the availability of proxy material for the stockholder meeting to be held on June 17, 2022.

Get informed before you vote

View the Notice and Proxy Statement and 10-K Wrap online OR you can receive a free paper or email copy of the material(s) by requesting prior to June 3, 2022. If you would like to request a copy of the material(s) for this and/or future stockholder meetings, you may (1) visit www.ProxyVote.com, (2) call 1-800-579-1639 or (3) send an email to sendmaterial@proxyvote.com. If sending an email, please include your control number (indicated below) in the subject line. Unless requested, you will not otherwise receive a paper or email copy.



For complete information and to vote, visit www.ProxyVote.com

Control #

Smartphone users

Point your camera here and vote without entering a control number





Vote Virtually at the Meeting*

June 17, 2022 9:00 A.M. EDT

Virtually at: www.virtualshareholdermeeting.com/TAST2022

^{*}Please check the meeting materials for any special requirements for meeting attendance.

THIS IS NOT A VOTABLE BALLOT

This is an overview of the proposals being presented at the upcoming stockholder meeting. Please follow the instructions on the reverse side to vote these important matters.

Voting Items		
To elect as Class I directors of Carrols Restaurant Group, Inc., the nominees below:		
	Nominees:	
1a.	Paulo A. Pena	For
1b	Matthew Perelman	For
1c.	John D. Smith	For
2.	To adopt, on an advisory basis, a resolution approving the compensation of the Company's Named Executive Officers, as described in the Proxy Statement under "Executive Compensation."	For
3.	To ratify the appointment of Deloitte & Touche LLP as the independent registered public accounting firm of the Company for the 2022 fiscal year.	For
4.	In their discretion, upon such other matters as may properly come before the meeting.	
	e Annual Meeting of Stockholders will be held on Friday, June 17, 2022 at 9:00 A.M. EDT virtually at www.virtualshareholdermeeting.com/TAST2022.	
NOTE: The shares represented by the proxy, when properly executed, will be voted in the manner directed by the undersigned stockholder(s). If no such direction is made, the proxy will be voted "FOR" proposals 1, 2 and 3. If any other matters properly come before the meeting, the persons named in the proxy will vote in their discretion.		
These items of business are more fully described in the Proxy Statement. Only stockholders of record on April 22, 2022 may vote at the meeting or any adjournment thereof. To vote by Internet, go to www.proxyvote.com.		

Prefer to receive an email instead? While voting on www.ProxyVote.com, be sure to click "Sign up for E-delivery".