UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

FORM 8-K

CURRENT REPORT

Pursuant to Section 13 or 15(d) of the Securities Exchange Act of 1934 Date of Report (Date of earliest event reported) March 14, 2024

Carrols Restaurant Group, Inc.

(Exact name of registrant as specified in its charter)



Delaware (State or other jurisdiction of incorporation or organization)

968 James Street Syracuse, New York (Address of principal executive office) 83-3804854 (I.R.S. Employer Identification No.)

> 13203 (Zip Code)

Registrant's telephone number, including area code:

N/A

(315) 424-0513

001-33174

(Commission File Number)

(Former name or former address, if changed since last report.)

Securities registered pursuant to Section 12(b) of the Act:

Title of each class	Trading Symbol(s)	Name of each exchange on which registered
Common Stock, par value \$.01 per share	TAST	The NASDAQ Global Market

Check the appropriate box below if the Form 8-K filing is intended to simultaneously satisfy the filing obligation of the registrant under any of the following provisions:

□ Written communications pursuant to Rule 425 under the Securities Act (17 CFR 230.425)

□ Soliciting material pursuant to Rule 14a-12 under the Exchange Act (17 CFR 240.14a-12)

□ Pre-commencement communications pursuant to Rule 14d-2(b) under the Exchange Act (17 CFR 240.14d-2(b))

□ Pre-commencement communications pursuant to Rule 13e-4(c) under the Exchange Act

Indicate by check mark whether the registrant is an emerging growth company as defined in Rule 405 of the Securities Act of 1933 (§230.405 of this chapter) or Rule 12b-2 of the Securities Exchange Act of 1934 (§240.12b-2 of this chapter).

Emerging growth company \Box

If an emerging growth company, indicate by check mark if the registrant has elected not to use the extended transition period for complying with any new or revised financial accounting standards provided pursuant to Section 13(a) of the Exchange Act. \Box

ITEM 5.02. DEPARTURE OF DIRECTORS OR CERTAIN OFFICERS; ELECTION OF DIRECTORS; APPOINTMENT OF CERTAIN OFFICERS; COMPENSATORY ARRANGEMENTS OF CERTAIN OFFICERS.

On March 14, 2024, Matthew Dunnigan, a member of the Board of Directors (the "<u>Board</u>") of Carrols Restaurant Group, Inc. (the "<u>Company</u>"), resigned as a Class D director effective March 14, 2024. Mr. Dunnigan's resignation is not the result of any disagreement with the Company on any matter relating to the Company's operations, policies or practices.

Mr. Dunnigan was appointed to the Board by indirect subsidiaries of Restaurant Brands International Inc. (collectively, the "<u>BKC</u> <u>Stockholders</u>") pursuant to the BKC Stockholders' right to elect two Class D directors to the Board under the Company's Certificate of Designation of Series D Convertible Preferred Stock. As of the date hereof, the BKC Stockholders have yet to designate an individual to fill the vacancy created by the resignation of Mr. Dunnigan.

ITEM 9.01. FINANCIAL STATEMENTS AND EXHIBITS.

(d) Exhibits

Exhibit No.Description104Cover Page Interactive Data File (formatted as Inline XBRL)

Signatures

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

Date: March 15, 2024

CARROLS RESTAURANT GROUP, INC.

- By: <u>/s/ Jared L. Landaw</u>
- Name: Jared L. Landaw
- Title: Senior Vice President, General Counsel and Secretary