FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington,	D.C.	20549
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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

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Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* <u>Accordino Daniel T</u>						2. Issuer Name and Ticker or Trading Symbol CARROLS RESTAURANT GROUP, INC. [TAST]									elationship ck all app Direc	,	ng Pei	rson(s) to Is		
(Last)	(Fir	rst) (1	Middle)		X Officer (give title below) Other (spec															
C/O CARROLS RESTAURANT GROUP, INC. 968 JAMES STREET						3. Date of Earliest Transaction (Month/Day/Year) 10/05/2021									CEO and President					
(Street) SYRACUSE NY 13203					4. If A	4. If Amendment, Date of Original Filed (Month/Day/Year)							Line)	Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person Form filed by More than One Reporting Person						
(City)	(St	ate) (Z	Zip)																	
		Table	I - No	n-Deriva	tive S	Secu	rities	Acq	uired,	Dis	posed of	, or E	3ene	ficial	ly Own	ed				
1. Title of Security (Instr. 3) 2. Transact Date (Month/Day					Execution [Date, Transac Code (Ir							5. Amo Securit Benefic Owned Report	ties cially Following	Form (D) o	wnership n: Direct or Indirect nstr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)		
			Code	v			Amount	(A) or (D)		Price	Transa	ction(s) 3 and 4)			(111541.4)					
Common Stock, \$0.01 par value 10/05/2						2021			A		6,471	A	(1)	\$0 ⁽¹⁾	1,8	86,189		D		
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																			
1. Title of Derivative Security (Instr. 3)	ivative Conversion Date Execution Date, urity or Exercise (Month/Day/Year) if any			4. Transaction Code (Instr. 8)		of Deriv	r osed) r. 3, 4	6. Date Expirati (Month/	ion Da		7. Title and Amount of Securities Underlying Derivative Security (Ins 3 and 4)		Str.	Price of erivative ecurity nstr. 5)	9. Number derivative Securities Beneficiall Owned Following Reported Transactio (Instr. 4)	Over Signature S	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)		
					Code	v	(A)	(D)	Date Exercisable		Expiration Date	Title	or Num of Share	.						

Explanation of Responses:

1. Represents restricted stock units issued to the Reporting Person under the Issuer's 2016 Stock Incentive Plan, as amended, as dividend equivalents in connection with a special cash dividend in the amount of \$0.41 per share paid by the issuer on October 5, 2021. The restricted stock units will be subject to the same terms and conditions, including, without limitation, vesting, as the underlying restricted stock units previously issued to the Reporting Person.

Remarks:

/s/ Daniel Accordino

10/06/2021

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.