UNITED STATES SECURITIES AND EXCHANGE COMMISSION

WASHINGTON, DC 20549

FORM 10-Q

x QUARTERLY REPORT PURSUANT TO SECTION 13 OR 15 (d) OF THE SECURITIES EXCHANGE ACT OF 1934

For the quarterly period ended March 30, 2014

OR

□ TRANSITION REPORT PURSUANT TO SECTION 13 OR 15 (d) OF THE SECURITIES EXCHANGE ACT OF 1934

Commission File Number: 001-33174

CARROLS RESTAURANT GROUP, INC.

(Exact name of Registrant as specified in its charter)

Delaware

(State or other jurisdiction of incorporation or organization)

968 James Street Syracuse, New York (Address of principal executive office)

Registrant's telephone number, including area code: (315) 424-0513

Indicate by check mark whether the registrant (1) has filed all reports required to be filed by Section 13 or 15(d) of the Securities Exchange Act of 1934 during the preceding 12 months (or for such shorter period that the registrant was required to file such reports), and (2) has been subject to such filing requirements for the past 90 days. Yes \boxtimes No \square

Indicate by check mark whether the registrant has submitted electronically and posted on its corporate Web site, if any, every Interactive Data File required to be submitted and posted pursuant to Rule 405 of Regulation S-T during the preceding 12 months (or for such shorter period that the registrant was required to submit and post such files). Yes 🗵 No 🗆

Indicate by check mark whether the registrant is a large accelerated filer, an accelerated filer, a non-accelerated filer or a smaller reporting company. See the definitions of "large accelerated filer", "accelerated filer" and "smaller reporting company" in Rule 12b-2 of the Exchange Act. (Check one):

Accelerated filer

Smaller reporting company

Large accelerated filer

Non-accelerated filer _o (Do not check if smaller reporting company)

Indicate by check mark whether the registrant is a shell company (as defined in Rule 12b-2 of the Exchange Act). Yes 🗌 No 🗵

As of May 5, 2014, Carrols Restaurant Group, Inc. had 35,210,312 shares of its common stock, \$.01 par value, outstanding.

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16-1287774 (I.R.S. Employer Identification No.)

> 13203 (Zip Code)

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CARROLS RESTAURANT GROUP, INC. FORM 10-Q QUARTER ENDED MARCH 30, 2014

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PART I—FINANCIAL INFORMATION

ITEM 1—INTERIM CONSOLIDATED FINANCIAL STATEMENTS

CARROLS RESTAURANT GROUP, INC. CONSOLIDATED BALANCE SHEETS (In thousands of dollars, except share and per share amounts) (Unaudited)

| | Ma | rch 30, 2014 | Decen | nber 29, 2013 |
|--|----|--------------|-------|---------------|
| ASSETS | | | | |
| Current assets: | | | | |
| Cash | \$ | 1,402 | \$ | 8,302 |
| Trade and other receivables | | 3,819 | | 2,846 |
| Inventories | | 5,824 | | 6,494 |
| Prepaid rent | | 2,393 | | 2,332 |
| Prepaid expenses and other current assets | | 3,863 | | 2,874 |
| Refundable income taxes | | 2,599 | | 2,631 |
| Deferred income taxes | | 3,196 | | 3,196 |
| Total current assets | | 23,096 | | 28,675 |
| testricted cash (Note 5) | | 20,000 | | 20,000 |
| property and equipment, net of accumulated depreciation of \$192,640 and \$188,492, respectively | | 150,601 | | 152,175 |
| ranchise rights, net of accumulated amortization of \$79,855 and \$78,818, respectively (Note 4) | | 89,131 | | 90,168 |
| Goodwill (Note 4) | | 8,162 | | 8,162 |
| ranchise agreements, at cost less accumulated amortization of \$6,337 and \$6,353, respectively | | 12,765 | | 12,802 |
| avorable leases, net of accumulated amortization of \$575 and \$496, respectively (Note 4) | | 2,895 | | 2,974 |
| Deferred financing fees | | 4,093 | | 4,344 |
| Deferred income taxes | | 10,614 | | 6,824 |
| ther assets | | 3,238 | | 3,357 |
| otal assets | \$ | 324,595 | \$ | 329,481 |
| LIABILITIES AND STOCKHOLDERS' EQUITY | | | | |
| urrent liabilities: | | | | |
| Current portion of long-term debt (Note 5) | \$ | 1,033 | \$ | 1,147 |
| Accounts payable | Ŧ | 13,216 | • | 14,687 |
| Accrued interest | | 6,377 | | 2,140 |
| Accrued payroll, related taxes and benefits | | 14,900 | | 18,021 |
| Accrued real estate taxes | | 4,189 | | 4,945 |
| Other liabilities | | 12,183 | | 9,709 |
| Total current liabilities | | | | |
| ong-term debt, net of current portion (Note 5) | | 51,898 | | 50,649 |
| ease financing obligations | | 158,753 | | 158,189 |
| eferred income—sale-leaseback of real estate | | 1,200 | | 1,200 |
| ccrued postretirement benefits | | 16,274 | | 16,824 |
| Infavorable leases, net of accumulated amortization of \$1,596 and \$1,378, respectively (Note 4) | | 2,321 | | 2,370 |
| ther liabilities (Note 7) | | 7,957 | | 8,175 |
| tal liabilities | | 16,121 | | 14,870 |
| | | 254,524 | | 252,277 |
| ommitments and contingencies (Note 8) | | | | |
| tockholders' equity (Note 12): | | | | |
| Preferred stock, par value \$.01; authorized 20,000,000 shares, issued and outstanding—100 shares | | — | | _ |
| Voting common stock, par value \$.01; authorized—100,000,000 shares, issued—23,710,910 and 23,711,257 shares, respectively, and outstanding—23,175,229 and 23,048,334 shares, respectively | | 232 | | 230 |
| Additional paid-in capital | | 69,552 | | 69,258 |
| Retained earnings (accumulated deficit) | | (274) | | 7,155 |
| Accumulated other comprehensive income | | 702 | | 702 |
| Treasury stock, at cost | | (141) | | (141 |
| Total stockholders' equity | | 70,071 | | 77,204 |
| | | | | |

The accompanying notes are an integral part of these unaudited consolidated financial statements.

CARROLS RESTAURANT GROUP, INC. CONSOLIDATED STATEMENTS OF OPERATIONS AND COMPREHENSIVE LOSS THREE MONTHS ENDED MARCH 30, 2014 AND MARCH 31, 2013 (In thousands of dollars, except share and per share amounts) (Unaudited)

| | | Three Months Ended | | |
|--|----|--------------------|----|---------------|
| | Ma | March 30, 2014 | | arch 31, 2013 |
| Restaurant sales | \$ | 151,453 | \$ | 156,139 |
| Costs and expenses: | | | | |
| Cost of sales | | 43,349 | | 48,631 |
| Restaurant wages and related expenses | | 50,937 | | 50,667 |
| Restaurant rent expense | | 11,438 | | 11,709 |
| Other restaurant operating expenses | | 26,025 | | 26,236 |
| Advertising expense | | 6,543 | | 7,094 |
| General and administrative (including stock-based compensation expense of \$296 and \$301, respectively) | | 10,267 | | 9,078 |
| Depreciation and amortization | | 8,758 | | 8,063 |
| Impairment and other lease charges (Note 3) | | 620 | | 630 |
| Other income (Note 10) | | _ | | (185 |
| Total operating expenses | | 157,937 | | 161,923 |
| Loss from operations | | (6,484) | | (5,784 |
| Interest expense | | 4,703 | | 4,711 |
| Loss before income taxes | | (11,187) | | (10,495 |
| Benefit for income taxes (Note 6) | | (3,758) | | (5,296 |
| Net loss | \$ | (7,429) | \$ | (5,199 |
| Basic and diluted net loss per share (Note 11): | \$ | (0.32) | \$ | (0.23 |
| Shares used in computing net loss per share: | | | | |
| Basic and diluted weighted average common shares outstanding | | 23,151,523 | | 22,868,894 |
| Comprehensive loss, net of tax: | | | | |
| Net loss | \$ | (7,429) | \$ | (5,199 |
| Other comprehensive loss | | | | (13 |
| Comprehensive loss | \$ | (7,429) | \$ | (5,212 |

The accompanying notes are an integral part of these unaudited consolidated financial statements.

CARROLS RESTAURANT GROUP, INC. CONSOLIDATED STATEMENTS OF CASH FLOWS THREE MONTHS ENDED MARCH 30, 2014 AND MARCH 31, 2013 (In thousands of dollars) (Unaudited)

| | г | is Ended | | |
|---|-----------|----------|----------------|---|
| | March 30, | 2014 | March 31, 2013 | |
| Cash flows provided from operating activities: | | | | |
| Net loss | \$ | (7,429) | \$ (5 | 5,199) |
| Adjustments to reconcile net loss to net cash provided from operating activities: | | | | |
| Loss on disposals of property and equipment | | 119 | | 106 |
| Stock-based compensation | | 296 | | 301 |
| Impairment and other lease charges | | 620 | | 630 |
| Depreciation and amortization | | 8,758 | 8 | 8,063 |
| Amortization of deferred financing costs | | 251 | | 251 |
| Amortization of unearned income | | (44) | | (9) |
| Amortization of deferred gains from sale-leaseback transactions | | (450) | | (450) |
| Deferred income taxes | | (3,790) | (5 | 5,284) |
| Change in refundable income taxes | | 32 | | _ |
| Changes in other operating assets and liabilities | | 1,988 | 3 | 3,771 |
| Net cash provided from operating activities | | 351 | 2 | 2,180 |
| Cash flows used for investing activities: | | | | |
| Capital expenditures: | | | | |
| New restaurant development | | (1,408) | | (121) |
| Restaurant remodeling | | (4,020) | | 0,946) |
| Other restaurant capital expenditures | | (1,283) | | 2,096) |
| Corporate and restaurant information systems | | (254) | | (355) |
| Total capital expenditures | | (6,965) | | 3,518) |
| Properties purchased for sale-leaseback | | (3,412) | | _ |
| Proceeds from sale-leaseback transactions | | 1,621 | | _ |
| Net cash used for investing activities | | (8,756) | (13 | 3,518) |
| Cash flows provided from (used for) financing activities | | (0,00) | (| .,) |
| Borrowings under senior credit facility | | 20,500 | | |
| Repayments under senior credit facility | | (18,750) | | |
| Principal payments on capital leases | | (245) | | (258) |
| Financing costs associated with issuance of debt | | (243) | | (230) |
| Net cash provided from (used for) financing activities | | 1,505 | | (266) |
| Net decrease in cash | | (6,900) | | 1,604) |
| Cash, beginning of period | | 8,302 | | 8,290 |
| Cash, end of period | \$ | | | 6,686 |
| | Ψ | 1,402 | φ | ,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,, |
| Supplemental disclosures: | ÷ | 100 | ¢ | 240 |
| Interest paid on long-term debt | \$ | | \$ | 246 |
| Interest paid on lease financing obligations | \$ | | \$ | 26 |
| Accruals for capital expenditures | \$ | | | 3,672 |
| Non-cash assets acquired | \$ | | \$ | 861 |
| Non-cash reduction of capital lease assets and obligation | \$ | 1,055 | \$ | — |

The accompanying notes are an integral part of these unaudited consolidated financial statements.

CARROLS RESTAURANT GROUP, INC. NOTES TO UNAUDITED CONSOLIDATED FINANCIAL STATEMENTS (in thousands of dollars except share and per share amounts)

1. Basis of Presentation

Business Description. At March 30, 2014 Carrols Restaurant Group, Inc. ("Carrols Restaurant Group" or the "Company") operated, as franchisee, 560 restaurants under the trade name "Burger King ®" in 13 Northeastern, Midwestern and Southeastern states.

Basis of Consolidation. Carrols Restaurant Group is a holding company and conducts all of its operations through Carrols Corporation ("Carrols") and its wholly-owned subsidiaries. The unaudited consolidated financial statements presented herein include the accounts of Carrols Restaurant Group and its wholly-owned subsidiary Carrols. Any reference to "Carrols LLC" refers to Carrols' wholly-owned subsidiary, Carrols LLC, a Delaware limited liability company.

Unless the context otherwise requires, Carrols Restaurant Group, Carrols and the direct and indirect subsidiaries of Carrols are collectively referred to as the "Company." All intercompany transactions have been eliminated in consolidation.

Fiscal Year. The Company uses a 52-53 week fiscal year ending on the Sunday closest to December 31. The fiscal year ended December 29, 2013 contained 52 weeks. The three months ended March 30, 2014 and March 31, 2013 each contained thirteen weeks.

Basis of Presentation. The accompanying unaudited consolidated financial statements for the three months ended March 30, 2014 and March 31, 2013 have been prepared without an audit, pursuant to the rules and regulations of the Securities and Exchange Commission and do not include certain of the information and the footnotes required by accounting principles generally accepted in the United States of America for complete financial statements. In the opinion of management, all normal and recurring adjustments considered necessary for a fair presentation of such unaudited consolidated financial statements have been included. The results of operations for three months ended March 30, 2014 and March 31, 2013 are not necessarily indicative of the results to be expected for the full year.

These unaudited consolidated financial statements should be read in conjunction with the consolidated financial statements and notes thereto contained in the Company's Annual Report on Form 10-K for the year ended December 29, 2013. The December 29, 2013 consolidated balance sheet data is derived from those audited financial statements.

Use of Estimates. The preparation of the consolidated financial statements in conformity with accounting principles generally accepted in the United States of America requires management to make estimates and assumptions that affect the reported amounts of assets and liabilities and disclosure of contingent assets and liabilities at the dates of the consolidated financial statements and the reported amounts of revenues and expenses during the reporting periods. Significant items subject to such estimates include: accrued occupancy costs, insurance liabilities, the evaluation for impairment of goodwill, long-lived assets and franchise rights, lease accounting matters and the valuation of deferred income tax assets. Actual results could differ from those estimates.

Segment Information. Operating segments are components of an entity for which separate financial information is available and is regularly reviewed by the chief operating decision maker in order to allocate resources and assess performance. The Company's chief operating decision maker currently evaluates the Company's operations from a number of different operational perspectives. The Company derives all significant revenues from a single operating segment. Accordingly, the Company views the operating results for all of its Burger King restaurants as one reportable segment.

Fair Value of Financial Instruments. Fair value is defined as the price that would be received to sell an asset or paid to transfer a liability in an orderly transaction between market participants on the measurement date. In determining fair value, the accounting standards establish a three level hierarchy for inputs used in measuring fair value as follows: Level 1 inputs are quoted prices in active markets for identical assets or liabilities; Level 2 inputs are observable for the asset or liability, either directly or indirectly, including quoted prices in active markets for similar assets or liabilities; and Level 3 inputs are unobservable and reflect our own assumptions. Financial instruments include cash, accounts receivable, accounts payable, and long-term debt. The carrying amounts of cash, accounts receivable and accounts payable approximate fair value because of the short-term nature of these financial instruments. The fair value of the Carrols Restaurant Group 11.25% Senior Secured Second Lien Notes due 2018 is based on a recent trading value, which is considered Level 2, and at March 30, 2014 was approximately \$172.1 million.

Fair value measurements of non-financial assets and non-financial liabilities are primarily used in the impairment analysis of long-lived assets, goodwill and intangible assets. Long-lived assets and definite-lived intangible assets are measured at fair value on a nonrecurring basis using Level 3 inputs. As described in Note 3, the Company recorded long-lived asset impairment charges of \$0.2 million and \$0.6 million during the three months ended March 30, 2014 and March 31, 2013, respectively. Goodwill is reviewed annually for impairment on the last day of the fiscal year, or more frequently, if impairment indicators arise.

(in thousands of dollars except share and per share amounts)

Burger King Acquisition. On May 30, 2012, the Company completed the acquisition of 278 of Burger King Corporation's ("BKC") company-owned Burger King® restaurants ("the 2012 acquisition") located in Ohio, Indiana, Kentucky, Pennsylvania, North Carolina, South Carolina and Virginia (the "acquired BKC restaurants").

2. Stock-Based Compensation

Stock-based compensation expense in each of the three months ended March 30, 2014 and March 31, 2013 was \$0.3 million. As of March 30, 2014, the total unrecognized stock-based compensation expense relating to non-vested shares was approximately \$2.4 million, which the Company expects to recognize over a remaining weighted average vesting period for non-vested shares of 2.3 years. The Company expects to record an additional \$0.9 million as compensation expense for the remainder of 2014.

A summary of all non-vested shares activity for the three months ended March 30, 2014 was as follows:

| | Shares | Weighted Average Grant Date Price | | |
|---------------------------------|-----------|--------------------------------------|-------|--|
| Non-vested at December 29, 2013 | 662,923 | \$ | 7.35 | |
| Vested | (126,895) | | 10.77 | |
| Forfeited | (347) | | 10.34 | |
| Non-vested at March 30, 2014 | 535,681 | \$ | 6.54 | |

The fair value of the non-vested shares is based on the closing price on the date of grant, a Level 1 input.

3. Impairment of Long-Lived Assets and Other Lease Charges

The Company reviews its long-lived assets, principally property and equipment, for impairment at the restaurant level. If an indicator of impairment exists for any of its assets, an estimate of the undiscounted future cash flows over the life of the primary asset for each restaurant is compared to that long-lived asset's carrying value. If the carrying value is greater than the undiscounted cash flow, the Company then determines the fair value of the asset and if an asset is determined to be impaired, the loss is measured by the excess of the carrying amount of the asset over its fair value. For closed restaurant locations, the Company reviews the future minimum lease payments and related ancillary costs from the date of the restaurant closure to the end of the remaining lease term and records a lease charge for the lease liabilities to be incurred, net of any estimated sublease recoveries.

The Company determined the fair value of restaurant equipment, for those restaurants reviewed for impairment, based on current economic conditions and the Company's history of using these assets in the operation of its business. These fair value asset measurements rely on significant unobservable inputs and are considered Level 3 in the fair value hierarchy. There were no Level 3 assets measured at fair value during the three months ended March 30, 2014.

During the three months ended March 30, 2014, the Company recorded other lease charges of \$0.4 million associated with the closure of one of the Company's restaurants in the first quarter of 2014 and impairment charges of \$0.2 million consisting of capital expenditures at previously impaired restaurants.

The following table presents the activity in the closed-restaurant reserve for the three months ended March 30, 2014 and year ended December 29, 2013:

| | Th | Three months ended | | Year ended |
|---|----|--------------------|----|-------------------|
| | N | ⁄Iarch 30, 2014 | | December 29, 2013 |
| Balance, beginning of the period | \$ | 1,466 | \$ | — |
| Provisions for restaurant closures | | 414 | | 1,616 |
| Payments, net | | (126) | | (242) |
| Other adjustments, including the effect of discounting future obligations | | 47 | | 92 |
| Balance, end of the period | \$ | 1,801 | \$ | 1,466 |

CARROLS RESTAURANT GROUP, INC.

NOTES TO UNAUDITED CONSOLIDATED FINANCIAL STATEMENTS—(Continued)

(in thousands of dollars except share and per share amounts)

4. Goodwill, Franchise Rights, Favorable and Unfavorable Leases

Goodwill. The Company is required to review goodwill for impairment annually, or more frequently, when events and circumstances indicate that the carrying amount may be impaired. If the determined fair value of goodwill is less than the related carrying amount, an impairment loss is recognized. The Company performs its annual impairment assessment as of the last day of its fiscal year and does not believe circumstances have changed since the last assessment date which would make it necessary to reassess its value. There were no goodwill additions or impairment losses during the three months ended March 30, 2014 or the year ended December 29, 2013.

Franchise Rights. Amounts allocated to franchise rights for each acquisition of Burger King restaurants are amortized using the straight-line method over the average remaining term of the acquired franchise agreements plus one twenty-year renewal period.

The Company assesses the potential impairment of franchise rights whenever events or changes in circumstances indicate that the carrying value may not be recoverable. If an indicator of impairment exists, an estimate of the aggregate undiscounted cash flows from the acquired restaurants is compared to the respective carrying value of franchise rights for each acquisition. If an asset is determined to be impaired, the loss is measured by the excess of the carrying amount of the asset over its fair value. No impairment charges were recorded related to the Company's franchise rights during the three months ended March 30, 2014 or the year ended December 29, 2013.

Amortization expense related to franchise rights was \$1.0 million in both the three months ended March 30, 2014 and March 31, 2013. The Company estimates the annual amortization expense to be \$4.1 million in 2014 and in each of the five succeeding years.

Favorable and Unfavorable Leases. Amounts allocated to favorable and unfavorable leases related to the 2012 acquisition are being amortized using the straight-line method over the remaining terms of the underlying lease agreements as a net reduction of restaurant rent expense.

The net reduction of rent expense related to the amortization of favorable and unfavorable leases for both the three months ended March 30, 2014 and March 31, 2013 was \$139 and the Company expects the annual net reduction of rent expense from the amortization of favorable and unfavorable leases to be \$546 in 2014, \$528 in 2015, \$499 in 2016, \$439 in 2017, \$410 in 2018 and \$375 in 2019.

5. Long-term Debt

Long-term debt at March 30, 2014 and December 29, 2013 consisted of the following:

| | Μ | March 30, 2014 | | cember 29, 2013 |
|--|----|----------------|----|-----------------|
| Collateralized: | | | | |
| Carrols Restaurant Group 11.25% Senior Secured Second Lien Notes | \$ | 150,000 | \$ | 150,000 |
| Senior Credit Facility - Revolving credit borrowings | | 1,750 | | — |
| Capital leases | | 8,036 | | 9,336 |
| | | 159,786 | | 159,336 |
| Less: current portion | | (1,033) | | (1,147) |
| | \$ | 158,753 | \$ | 158,189 |

Senior Secured Second Lien Notes. On May 30, 2012, Carrols Restaurant Group issued \$150.0 million of 11.25% Senior Secured Second Lien Notes due 2018 (the "Notes") pursuant to an indenture dated as of May 30, 2012 governing such Notes.

The Notes mature and are payable on May 15, 2018. Interest is payable semi-annually on May 15 and November 15. The Notes are guaranteed by the Company's subsidiaries and are secured by second-priority liens on substantially all of the Company's and its subsidiaries' assets (including a pledge of all of the capital stock and equity interests of its subsidiaries).

The Notes are redeemable at the option of the Company in whole or in part at any time after May 15, 2015 at a price of 105.625% of the principal amount plus accrued and unpaid interest, if any, if redeemed before May 15, 2016, 102.813% of the principal amount plus accrued and unpaid interest, if any, if redeemed after May 15, 2016 but before May 15, 2017 and 100% of the principal amount plus accrued and unpaid interest, if any, if redeemed after May 15, 2017. Prior to May 15, 2015, the Company may redeem some or all of the Notes at a redemption price of 100% of the principal amount of each note plus accrued and unpaid

(in thousands of dollars except share and per share amounts)

interest, if any, and a make-whole premium. In addition, the indenture governing the Notes also provides that the Company may redeem up to 35% of the Notes using the proceeds of certain equity offerings completed before May 15, 2015.

The Notes are jointly and severally guaranteed, unconditionally and in full by the Company's subsidiaries which are directly or indirectly 100% owned by the Company. Separate condensed consolidating information is not included because the Company is a holding company that has no independent assets or operations. There are no significant restrictions on the ability of the Company or any of the guarantor subsidiaries to obtain funds from its respective subsidiaries. All consolidated amounts in the Company's financial statements are representative of the combined guarantors.

The indenture governing the Notes includes certain covenants, including limitations and restrictions on the Company and all of its subsidiaries who are guarantors under such indenture to, among other things: incur indebtedness or issue preferred stock; incur liens; pay dividends or make distributions in respect of capital stock or make certain other restricted payments or investments; sell assets; agree to payment restrictions affecting certain subsidiaries; enter into transaction with affiliates; or merge, consolidate or sell substantially all of the Company's assets.

The indenture governing the Notes and the security agreement provide that any capital stock and equity interests of any of the Company's subsidiaries will be excluded from the collateral to the extent that the par value, book value or market value of such capital stock or equity interests exceeds 20% of the aggregate principal amount of the Notes then outstanding.

The indenture governing the Notes contains customary default provisions, including without limitation, a cross default provision pursuant to which it is an event of default under the Notes and the indenture if there is a default under any indebtedness of the Company having an outstanding principal amount of \$15.0 million or more which results in the acceleration of such indebtedness prior to its stated maturity or is caused by a failure to pay principal when due. The Company was in compliance as of March 30, 2014 with the restrictive covenants of the indenture governing the Notes.

Senior Credit Facility. On May 30, 2012, the Company entered into a senior credit facility, which provides for aggregate revolving credit borrowings of up to \$20.0 million (including \$15.0 million available for letters of credit) maturing on May 30, 2017. The senior credit facility also provides for incremental borrowing increases of up to \$25.0 million, in the aggregate. At March 30, 2014, there were \$1.75 million of revolving credit borrowings outstanding under the senior credit facility.

Under the senior credit facility (all terms not otherwise defined herein are defined in the Company's senior credit facility), the Company has deposited \$20.0 million in an account with the Administrative Agent as collateral for the senior credit facility until the date on which its Adjusted Leverage Ratio is less than 6.00x for two consecutive fiscal quarters (the "Cash Collateral Release Date"). This amount is classified as restricted cash on the Company's consolidated balance sheet as of March 30, 2014.

Prior to the Cash Collateral Release Date, revolving credit borrowings under the senior credit facility bear interest at a rate per annum, at the Company's option, of:

(i) the Alternate Base Rate plus the applicable margin of 0.75% or

(ii) the LIBOR Rate plus the applicable margin of 1.75%

Following the Cash Collateral Release Date, borrowings under the senior credit facility will bear interest at a rate per annum, at the Company's option, of

(i) the Alternate Base Rate plus the applicable margin of 2.50% to 3.25% based on the Company's Adjusted Leverage Ratio, or

(ii) the LIBOR Rate plus the applicable margin of 3.50% to 4.25% based on the Company's Adjusted Leverage Ratio.

The Company's obligations under the senior credit facility are guaranteed by its subsidiaries and are secured by first priority liens on substantially all of the assets of the Company and its subsidiaries, including a pledge of all of the capital stock and equity interests of its subsidiaries.

Under the senior credit facility, the Company will be required to make mandatory prepayments of borrowings in the event of dispositions of assets, debt issuances and insurance and condemnation proceeds (all subject to certain exceptions).

The senior credit facility contains certain covenants, including, without limitation, those limiting the Company's and its subsidiaries' ability to, among other things, incur indebtedness, incur liens, sell or acquire assets or businesses, change the character of its business in all material respects, engage in transactions with related parties, make certain investments, make certain restricted

(in thousands of dollars except share and per share amounts)

payments or pay dividends. In addition, the senior credit facility requires the Company to meet certain financial ratios, including Fixed Charge Coverage Ratio and Adjusted Leverage Ratio (all as defined under the senior credit facility); provided, however that the Company is not required to be in compliance with such ratios so long as the senior credit facility is cash collateralized.

The senior credit facility contains customary default provisions, including that the lenders may terminate their obligation to advance and may declare the unpaid balance of borrowings, or any part thereof, immediately due and payable upon the occurrence and during the continuance of customary defaults which include, without limitation, payment default, covenant defaults, bankruptcy type defaults, cross-defaults on other indebtedness, judgments or upon the occurrence of a change of control.

After reserving \$7.6 million for letters of credit issued under the senior credit facility for workers' compensation and other insurance policies, \$10.6 million was available for revolving credit borrowings under the senior credit facility at March 30, 2014.

6. Income Taxes

The benefit for income taxes for the three months ended March 30, 2014 and March 31, 2013 was comprised of the following:

| | | Three Months Ended | | | | |
|----------|-------|---------------------------|----|---------------------------|--|----------------|
| | March | March 30, 2014 | | arch 30, 2014 March 31, 2 | | larch 31, 2013 |
| Current | \$ | 32 | \$ | (12) | | |
| Deferred | | (3,790) | | (5,284) | | |
| | \$ | (3,758) | \$ | (5,296) | | |

The benefit for income taxes for the three months ended March 30, 2014 was derived using an estimated effective annual income tax rate for all of 2014 of 33.9%, which excluded any discrete tax adjustments. The Company's estimated effective tax rate for 2014 does not consider the Work Opportunity Tax Credit which expired at the end of 2013. This credit will be reflected in the Company's estimated effective tax rate in the period if and when re-enacted into law.

The benefit for income taxes for the three months ended March 31, 2013 was derived using an estimated effective annual income tax rate for all of 2013 of 41.2%, which excluded any discrete tax adjustments. In January 2013, the United States Congress authorized, and the President signed into law, certain federal tax credits that were reflected in the Company's Federal tax return for 2012. However, since the law was enacted in 2013, the financial statement benefit of such credits totaling \$1.0 million was included in the benefit for income taxes in the consolidated statement of operations and comprehensive loss for the three months ended March 31, 2013.

The Company establishes a valuation allowance when it is necessary to reduce deferred tax assets to an amount for which realization is likely. The Company has performed the required assessment of positive and negative evidence regarding the realization of deferred income tax assets in accordance with ASC 740. The Company considered all available positive and negative evidence to determine whether, based on the weight of that evidence, a valuation allowance is needed for some portion or all of its deferred income tax assets. Judgment is used in considering the relative impact of negative and positive evidence. In arriving at these judgments, the weight given to the potential effect of negative and positive evidence is commensurate with the extent to which such evidence can be objectively verified.

In evaluating the objective evidence provided by historical results, the Company considered (among other things) the past three years of cumulative losses, projected reversal of deferred tax liabilities, recent and prospective operating results, the ability to carry-back net operating losses generated through December 30, 2012 against taxable income reported in prior years, and that the first year of expiration of its net operating loss carryforwards is 2033. The Company also considered subjective evidence related to the forecast of expected operating results for the years over the carryforward period. Additionally, the deferred tax liabilities the Company has considered in the assessment of the realization of deferred tax assets will reverse in the carryforward period and same jurisdiction. Based on the analysis of positive and negative evidence, the Company believed that there was enough positive evidence to overcome our cumulative loss position at March 30, 2014, and therefore no valuation allowance of its deferred tax assets of \$13.8 million was necessary.

The Company will continue to monitor and evaluate the positive and negative evidence considered in arriving at the above conclusion, in order to assess whether such conclusion remains appropriate in future periods.

(in thousands of dollars except share and per share amounts)

The Company recognizes interest and penalties related to uncertain tax positions in income tax expense. As of March 30, 2014 and December 29, 2013, the Company had no unrecognized tax benefits and no accrued interest related to uncertain tax positions.

The tax years 2009-2013 remain open to examination by the major taxing jurisdictions to which the Company is subject. Although it is not reasonably possible to estimate the amount by which unrecognized tax benefits may increase within the next twelve months due to the uncertainties regarding the timing of any examinations, the Company does not expect unrecognized tax benefits to significantly change in the next twelve months.

7. Other Liabilities, Long-Term

Other liabilities, long-term, at March 30, 2014 and December 29, 2013 consisted of the following:

| Mar | ch 30, 2014 | December 29, 2013 | | |
|-----|---------------|--------------------------------|---|--|
| \$ | 8,262 | \$ | 7,793 | |
| | 3,283 | | 2,272 | |
| | 398 | | 353 | |
| | 1,491 | | 1,672 | |
| | 2,687 | | 2,780 | |
| \$ | 16,121 | \$ | 14,870 | |
| | Mar \$ | 3,283 398 1,491 2,687 | \$ 8,262 \$ 3,283 398 1,491 2,687 | |

Accrued occupancy costs above include long-term obligations pertaining to closed restaurant locations, contingent rent, and accruals to expense operating lease rental payments on a straight-line basis over the lease term.

8. Commitments and Contingencies

Lease Guarantees. Fiesta Restaurant Group, Inc. ("Fiesta"), a former wholly-owned subsidiary of the Company, was spun-off in 2012 to the Company's stockholders. As of March 30, 2014, the Company is a guarantor under 35 Fiesta restaurant property leases, with lease terms expiring on various dates through 2030, and is the primary lessee on five Fiesta restaurant property leases, which it subleases to Fiesta. The Company is fully liable for all obligations under the terms of the leases in the event that Fiesta fails to pay any sums due under the lease, subject to indemnification provisions of the Separation and Distribution Agreement entered into in connection with the spin-off of Fiesta.

The maximum potential amount of future undiscounted rental payments the Company could be required to make under these leases at March 30, 2014 was \$47.0 million. The obligations under these leases will generally continue to decrease over time as these operating leases expire. No payments related to these guarantees have been made by the Company to date and none are expected to be required to be made in the future. The Company has not recorded a liability for these guarantees in accordance with ASC 460 - Guarantees as Fiesta has indemnified the Company for all such obligations and the Company did not believe it was probable it would be required to perform under any of the guarantees or direct obligations.

Litigation. The Company is a party to various litigation matters that arise in the ordinary course of business. The Company does not believe that the outcome of any of these other matters will have a material adverse effect on its consolidated financial statements.

9. Transactions with Related Parties

As part of the 2012 acquisition, the Company issued to BKC 100 shares of Series A Convertible Preferred Stock which is convertible into 9,414,580 shares, or 28.9% of the outstanding shares of common stock calculated on the date of the closing of the 2012 acquisition on a fully diluted basis. As a result of the 2012 acquisition, BKC has two representatives on the Company's board of directors.

Each of our Burger King restaurants operates under a separate franchise agreement with BKC. These franchise agreements generally provide for an initial term of twenty years and currently have an initial franchise fee of fifty thousand dollars. Any franchise agreement, including renewals, can be extended at the Company's discretion for an additional 20 year term, with BKC's approval, provided that, among other things, the restaurant meets the current Burger King image standard and the Company is not in default under terms of the franchise agreement.

(in thousands of dollars except share and per share amounts)

In addition to the initial franchise fee, the Company generally pays BKC a monthly royalty at a rate of 4.5% of sales. Royalty expense was \$6.3 million and \$6.4 million in the three months ended March 30, 2014 and March 31, 2013, respectively.

The Company is also generally required to contribute 4% of restaurant sales from our Burger King restaurants to an advertising fund utilized by BKC for its advertising, promotional programs and public relations activities, and additional amounts for participation in local advertising campaigns in markets that approve such additional spending. Advertising expense associated with these expenditures was \$6.4 million and \$6.9 million in the three months ended March 30, 2014 and March 31, 2013, respectively.

As of March 30, 2014, the Company leased 294 of its restaurant locations from BKC. For 195 of the restaurants, the terms and conditions of the lease with BKC are identical to those between BKC and the third-party lessor. Aggregate rent under these BKC leases for the three months ended March 30, 2014 and March 31, 2013 was \$6.4 million and \$6.6 million, respectively. The Company believes the related party lease terms have not been significantly affected by the fact that the Company and BKC are deemed to be related parties.

As of March 30, 2014, the Company owed BKC \$2.2 million associated with its purchase of the right of first refusal related to the 2012 acquisition and \$4.1 million related to the monthly payment of advertising, royalties and rent.

10. Other Income

In the three months ended March 31, 2013, the Company recorded a gain of \$0.2 million related to business interruption insurance recoveries from a fire at a restaurant.

11. Net Loss per Share

The Company applies the two-class method to calculate and present net loss per share. The Company's non-vested share awards and Series A Convertible Preferred Stock issued to BKC contain non-forfeitable rights to dividends and are considered participating securities for purposes of computing net loss per share pursuant to the two-class method. Under the two-class method, net earnings are reduced by the amount of dividends declared (whether paid or unpaid) and the remaining undistributed earnings are then allocated to common stock and participating securities, based on their respective rights to receive dividends. However, as the Company has incurred net losses for the three months ended March 30, 2014 and March 31, 2013, and as those losses are not allocated to the participating securities under the two-class method, such method is not applicable for the aforementioned reporting periods.

Basic net loss per share is computed by dividing net income available to common shareholders by the weighted average number of shares of common stock outstanding for the reporting period. Diluted net loss per share reflects additional shares of common stock outstanding, where applicable, calculated using the treasury stock method or the two-class method.

The following table sets forth the calculation of basic and diluted net loss per share:

| | | Three Months Ended | | | |
|--|----|---------------------------|----------------|------------|--|
| | — | March 30, 2014 | March 31, 2013 | | |
| Basic and diluted net loss per share: | | | | | |
| Net loss | \$ | (7,429) | \$ | (5,199) | |
| Basic and diluted weighted average common shares outstanding | | 23,151,523 | | 22,868,894 | |
| Basic and diluted net loss per share | \$ | (0.32) | \$ | (0.23) | |
| Common shares excluded from diluted net loss per share computation (1) | _ | 9,950,261 | | 10,188,883 | |

(1) Shares subject to preferred stock and non-vested shares were excluded from the computation of diluted net loss per share because their effect would have been antidilutive.

CARROLS RESTAURANT GROUP, INC. NOTES TO UNAUDITED CONSOLIDATED FINANCIAL STATEMENTS—(Continued) (in thousands of dollars except share and per share amounts)

12. Subsequent Event

On April 30, 2014, the Company completed an underwritten public offering of 10.0 million shares of common stock at a price of \$6.20 per share (the "Public Offering"). All shares were issued and sold by the Company. The Company also issued and sold an additional 1.5 million shares of common stock pursuant to the underwriters exercise of the option to purchase additional shares at the same terms and conditions as offered in the Public Offering, for a total share issuance of 11.5 million shares. The Company estimates that the net proceeds received will be approximately \$67.2 million in the aggregate after deducting underwriting discounts and commissions and estimated offering expenses.

The Company intends to use the net proceeds of the Public Offering to accelerate the remodeling of the Company's restaurants to Burger King Corporation's 20/20 restaurant image, to acquire additional franchised Burger King restaurants, and, to a lesser extent, develop new restaurants and for other general corporate purposes.

A shelf registration statement (including a prospectus) relating to these securities was filed by the Company with the Securities and Exchange Commission ("SEC") and was declared effective by the SEC on April 9, 2014.

ITEM 2-MANAGEMENT'S DISCUSSION AND ANALYSIS OF FINANCIAL CONDITION AND RESULTS OF OPERATIONS

Throughout this Quarterly Report on Form 10-Q, we refer to Carrols Restaurant Group, Inc. as "Carrols Restaurant Group" and, together with its consolidated subsidiaries, as "we", "our" and "us" unless otherwise indicated or the context otherwise requires. Any reference to "Carrols" refers to our wholly-owned subsidiary, Carrols Corporation, a Delaware corporation, and its consolidated subsidiaries, unless otherwise indicated or the context otherwise requires. Any reference to "Carrols" refers to therwise requires. Any reference to "Carrols" to therwise requires. Any reference to "Carrols LLC" refers to Carrols' wholly-owned subsidiary, Carrols LLC, a Delaware limited liability company.

We use a 52-53 week fiscal year ending on the Sunday closest to December 31. The fiscal year ended December 29, 2013 contained 52 weeks and the three months ended March 30, 2014 and March 31, 2013 each contained thirteen weeks.

Introduction

We are a holding company and conduct all of our operations through our direct and indirect subsidiaries and have no assets other than the shares of capital stock of Carrols, our direct wholly-owned subsidiary. The following Management's Discussion and Analysis of Financial Condition and Results of Operations (or "MD&A") is written to help the reader understand our company. The MD&A is provided as a supplement to, and should be read in conjunction with our Consolidated Financial Statements and the accompanying financial statement notes appearing elsewhere in this report and our Annual Report on Form 10-K, as amended, for the year ended December 29, 2013. The overview provides our perspective on the individual sections of MD&A, which include the following:

Company Overview—a general description of our business and our key financial measures.

Recent and Future Events Affecting Our Results of Operations—a description of recent events that affect, and future events that may affect, our results of operations.

Operating Results from Operations—an analysis of our results of operations for the three months ended March 30, 2014 compared to the three months ended March 31, 2013 including a review of material items and known trends and uncertainties.

Liquidity and Capital Resources—an analysis of historical information regarding our sources of cash and capital expenditures, the existence and timing of commitments and contingencies, changes in capital resources and a discussion of cash flow items affecting liquidity.

Application of Critical Accounting Policies—an overview of accounting policies requiring critical judgments and estimates.

Effects of New Accounting Standards—a discussion of new accounting standards and any implications related to our financial statements.

Forward Looking Statements—cautionary information about forward-looking statements and a description of certain risks and projections.

Company Overview

We are one of the largest restaurant companies in the United States and have been operating restaurants for more than 50 years. We are the largest Burger King [®] franchisee in the world and have operated Burger King restaurants since 1976. As of March 30, 2014, we operated 560 Burger King restaurants in 13 states. On May 30, 2012, we acquired 278 restaurants from Burger King Corporation ("BKC"), which we refer to as the "acquired BKC restaurants". All of our other Burger King restaurants are referred to as our "legacy restaurants". Sales from our acquired BKC restaurants are included in changes in our comparable restaurant sales beginning in June 2013.

The following is an overview of the key financial measures discussed in our results of operations:

- Restaurant sales consist of food and beverage sales at our restaurants, net of discounts and excluding sales tax collected. Restaurant sales are
 influenced by changes in comparable restaurant sales, menu price increases, new restaurant openings and closures of restaurants. Restaurants are
 included in comparable restaurant sales after they have been open for 12 months. For comparative purposes, the calculation of the changes in
 comparable restaurant sales is based on a 52-week year.
- Cost of sales consists of food, paper and beverage costs including packaging costs, less purchase discounts. Cost of sales is generally influenced by
 changes in commodity costs, the mix of items sold and the effectiveness of our restaurant-level controls to manage food and paper costs.



- Restaurant wages and related expenses include all restaurant management and hourly productive labor costs and related benefits, employer payroll
 taxes and restaurant-level bonuses. Payroll and related benefits are subject to inflation, including minimum wage increases and increased costs for
 health insurance, workers' compensation insurance and state unemployment insurance.
- *Restaurant rent expense* includes base rent and contingent rent on our leases characterized as operating leases, the amortization of favorable and unfavorable leases and is reduced by the amortization of deferred gains on sale-leaseback transactions.
- Other restaurant operating expenses include all other restaurant-level operating costs, the major components of which are royalty expenses paid to BKC, utilities, repairs and maintenance, real estate taxes and credit card fees.
- Advertising expense includes all marketing and promotional expenses including advertising payments to BKC based on a percentage of sales as required under our franchise agreements.
- *General and administrative expenses* are comprised primarily of (1) salaries and expenses associated with corporate and administrative functions that support the development and operations of our restaurants, (2) legal, auditing and other professional fees and (3) stock-based compensation expense.
- EBITDA, Adjusted EBITDA and Restaurant-Level EBITDA. EBITDA, Adjusted EBITDA and Restaurant-Level EBITDA are non-GAAP financial measures. EBITDA represents net income (loss) from operations, before provision (benefit) for income taxes, interest expense and depreciation and amortization. Adjusted EBITDA represents EBITDA as adjusted to exclude impairment and other lease charges, EEOC litigation and settlement costs and stock compensation expense. Restaurant-Level EBITDA represents loss from operations before general and administrative expenses, depreciation and amortization, impairment and other lease charges and other income and expense.

We are presenting Adjusted EBITDA and Restaurant-Level EBITDA because we believe that they provide a more meaningful comparison than EBITDA of our core business operating results, as well as with those of other similar companies. Additionally, we present Restaurant-Level EBITDA because it excludes the impact of general and administrative expenses and other income and expense which are not directly related to restaurant operations. Management believes that Adjusted EBITDA and Restaurant-Level EBITDA, when viewed with our results of operations in accordance with GAAP and the accompanying reconciliations in the table above, provide useful information about operating performance and period-over-period growth, and provide additional information that is useful for evaluating the operating performance of our core business without regard to potential distortions. Additionally, management believes that Adjusted EBITDA and Restaurant-Level EBITDA permit investors to gain an understanding of the factors and trends affecting our ongoing cash earnings, from which capital investments are made and debt is serviced.

However, EBITDA, Adjusted EBITDA and Restaurant-Level EBITDA are not measures of financial performance or liquidity under GAAP and, accordingly, should not be considered as alternatives to net loss, loss from operations or cash flow from operating activities as indicators of operating performance or liquidity. Also, these measures may not be comparable to similarly titled captions of other companies. For a reconciliation between net loss from operations and EBITDA and Adjusted EBITDA and between Restaurant-Level EBITDA and loss from operations see page 20.

EBITDA, Adjusted EBITDA and Restaurant-Level EBITDA have important limitations as analytical tools. These limitations include the following:

- EBITDA, Adjusted EBITDA and Restaurant-Level EBITDA do not reflect our capital expenditures, future requirements for capital expenditures or contractual commitments to purchase capital equipment;
- EBITDA, Adjusted EBITDA and Restaurant-Level EBITDA do not reflect the interest expense or the cash requirements necessary to service principal or interest payments on our debt;
- Although depreciation and amortization are non-cash charges, the assets that we currently depreciate and amortize will likely have to be replaced in the future, and EBITDA, Adjusted EBITDA and Restaurant-Level EBITDA do not reflect the cash required to fund such replacements; and
- EBITDA, Adjusted EBITDA and Restaurant-Level EBITDA do not reflect the effect of earnings or charges resulting from matters that our management does not consider to be indicative of our ongoing operations. However, some of these charges (such as impairment and other lease charges) have recurred and may reoccur.
- Depreciation and amortization primarily includes the depreciation of fixed assets, including equipment, owned buildings and leasehold improvements utilized in our restaurants, the amortization of franchise rights from our acquisitions of restaurants and the amortization of franchise fees paid to BKC.



- Impairment and other lease charges are determined through our assessment of the recoverability of property and equipment and intangible assets by determining whether the carrying value of these assets can be recovered over their respective remaining lives through undiscounted future operating cash flows. A potential impairment charge is evaluated whenever events or changes in circumstances indicate that the carrying amounts of these assets may not be fully recoverable. Lease charges are recorded for our obligations under the related leases for closed locations net of estimated sublease recoveries. At March 30, 2014, there are \$1.8 million of lease charges accrued for closed restaurant locations.
- Interest expense consists primarily of interest expense associated with our 11.25% Senior Secured Second Lien Notes due 2018 (the "Notes"), amortization of deferred financing costs and revolving credit borrowings under our senior secured credit facility.

Recent and Future Events Affecting our Results of Operations

Acquisition of Burger King Restaurants

On May 30, 2012, we acquired 278 restaurants from BKC including BKC's assignment of its right of first refusal ("ROFR") on franchisee restaurant transfers in 20 states pursuant to an operating agreement dated May 30, 2012 (the "operating agreement") entered into at closing. Pursuant to the operating agreement, we also agreed to remodel or otherwise upgrade 455 Burger King restaurant locations to BKC's 20/20 restaurant image by 2015. As of March 30, 2014, we had completed remodeling a total of 205 restaurants to the 20/20 restaurant image and had in process upgrades at nine additional restaurant locations. We currently anticipate remodeling an additional 105 to 115 restaurants in 2014.

Future Restaurant Closures

We evaluate the performance of our restaurants on an ongoing basis including an assessment of the current and future operating results of the restaurant in relation to its cash flow and future occupancy costs, and with regard to franchise agreement renewals, the cost of required capital improvements. We may elect to close restaurants based on these evaluations.

In 2013, we closed eleven restaurants including one restaurant relocated within its market area and four underperforming restaurants prior to the expiration of their contractual lease term. In the first three months of 2014 we have closed five restaurants, including one restaurant relocated within its market area. One underperforming restaurant that was closed in the first quarter of 2014 was closed prior to the expiration of its contractual lease term and \$0.4 million was reserved for estimated future rent payments and other occupancy related expenses for this location. We may incur lease charges in the future from additional closures of underperforming restaurants.

We currently anticipate that we will close 15 to 20 restaurants in all of 2014, excluding any restaurants relocated within their market area. Our determination of whether to close restaurants in the future is subject to further evaluation and may change.

We do not believe that the future impact on our consolidated results of operations due to restaurant closures will be material, although there can be no assurance in this regard.

Valuation of Deferred Income Tax Assets

We establish a valuation allowance when it is necessary to reduce deferred tax assets to an amount for which realization is likely. We have performed the required assessment of positive and negative evidence regarding the realization of our deferred income tax assets. We considered all available positive and negative evidence to determine whether, based on the weight of that evidence, a valuation allowance is needed for some portion or all of our deferred income tax assets. Judgment is used in considering the relative impact of negative and positive evidence. In arriving at these judgments, the weight given to the potential effect of negative and positive evidence is commensurate with the extent to which such evidence can be objectively verified.

In evaluating the objective evidence provided by historical results, we considered (among other things) the past three years of cumulative losses, projected reversals of deferred tax liabilities, recent improvements in operating results, the ability to carry-back net operating losses generated through December 30, 2012 against taxable income reported in prior years, and that the first year of expiration of our net operating loss carryforwards is 2033. We also considered subjective evidence related to the forecast of expected operating results for the years over the carryforward period. Additionally, the deferred tax liabilities we have considered in the assessment of the realization of deferred tax assets will reverse in the carryforward period and same jurisdiction. Based on the analysis of positive and negative evidence, we believed that there was enough positive evidence to overcome our cumulative loss position at March 30, 2014, and therefore no valuation allowance of our deferred tax assets of \$13.8 million was necessary.

We will continue to monitor and evaluate the positive and negative evidence considered in arriving at the above conclusion, in order to assess whether such conclusion remains appropriate in future periods.

Health Care Reform

The Patient Protection and Affordable Care Act (the "Act") requires businesses employing fifty or more full-time equivalent employees to offer health care benefits to those full-time employees beginning in January 2015, or be subject to an annual penalty. Those benefits must be provided under a health care plan which provides a certain minimum scope of health care services. The Act also limits the portion of the cost of the benefits which we can require employees to pay.

We are continuing to assess the financial impact of the Act including the provision beginning in 2015 to offer health insurance to our hourly employees who work an average of 30 hours or more per week. Based on our analyses to date and our current activities addressing aspects of this provision operationally, we currently estimate that our cost for the health care coverage for our qualifying hourly employees would not exceed \$3.0 million on an annual basis if all our eligible hourly employees elect coverage. Given the estimated annual premium cost our eligible hourly employees would incur in comparison to the annual financial penalty they would pay if they do not elect our health care coverage, we currently estimate our additional annual health care costs could range from \$0.5 million to \$1.0 million due solely to this provision; however there can be no assurance in this regard. For 2014, due to the Act we will incur additional health care premiums of \$0.5 million associated with our current health care coverage of our employees.

Public Equity Offering

On April 30, 2014, we completed an underwritten public offering of 10.0 million shares of our common stock at a price of \$6.20 per share (the "Public Offering"). All shares were issued and sold by us. We also issued and sold an additional 1.5 million shares of our common stock pursuant to the underwriters' exercise of their option to purchase additional shares at the same terms and conditions as offered in the Public Offering, for a total share issuance of 11.5 million shares. Net proceeds received by us are estimated to be approximately \$67.2 million after deducting underwriting discounts and commissions and estimated offering expenses.

We intend to use the net proceeds of the Public Offering to accelerate the remodeling of our restaurants to BKC's 20/20 restaurant image, to acquire additional franchised Burger King restaurants, and, to a lesser extent, develop new Burger King restaurants and for other general corporate purposes. A shelf registration statement (including a prospectus) relating to these securities was filed by us with the Securities and Exchange Commission ("SEC") and was declared effective by the SEC on April 9, 2014.

Results of Operations

Three Months Ended March 30, 2014 Compared to Three Months Ended March 31, 2013

The following table sets forth, for the three months ended March 30, 2014 and March 31, 2013, selected operating results from operations as a percentage of restaurant sales for all of our restaurants, our legacy restaurants and the acquired BKC restaurants:

| | Three Mont | hs Ended |
|--|----------------|----------------|
| | March 30, 2014 | March 31, 2013 |
| Costs and expenses (all restaurants): | | |
| Cost of sales | 28.6% | 31.1% |
| Restaurant wages and related expenses | 33.6% | 32.4% |
| Restaurant rent expense | 7.6% | 7.5% |
| Other restaurant operating expenses | 17.2% | 16.8% |
| Advertising expense | 4.3% | 4.5% |
| General and administrative | 6.8% | 5.8% |
| Costs and expenses (legacy restaurants): | | |
| Cost of sales | 28.4% | 29.6% |
| Restaurant wages and related expenses | 33.3% | 31.9% |
| Restaurant rent expense | 6.7% | 6.7% |
| Other restaurant operating expenses | 16.4% | 15.7% |
| Advertising expense | 4.1% | 4.3% |
| Costs and expenses (acquired BKC restaurants): | | |
| Cost of sales | 28.8% | 33.0% |
| Restaurant wages and related expenses | 34.0% | 33.1% |
| Restaurant rent expense | 8.6% | 8.5% |
| Other restaurant operating expenses | 18.2% | 18.1% |
| Advertising expense | 4.6% | 4.8% |
| | | |

Since the beginning of the first quarter of 2013 through the end of the first quarter of 2014, we opened three new restaurants, including two restaurant relocated within their market areas, and acquired one restaurant. During the same period we closed fourteen restaurants, excluding the relocated restaurants.

Restaurant Sales. Total restaurant sales in the first quarter of 2014 decreased to \$151.5 million from \$156.1 million in the first quarter of 2013. Comparable restaurant sales in the first quarter of 2014 for all of our restaurants decreased 2.5% due to lower customer traffic of 6.7%, which was negatively impacted by the severe weather in most of our markets. The effect of menu price increases in the first quarter of 2014 was 2.9% for all of our restaurants. Comparable restaurant sales for our legacy restaurants decreased 1.8% due to a decrease in customer traffic of 4.9%, partially offset by an increase in average check. Comparable restaurant sales at our acquired BKC restaurants decreased 3.4% due to a decrease in customer traffic of 8.1% partially offset by an increase in average check due to menu price increases. In addition, total sales decreased in the first quarter of 2014 compared the first quarter of 2013 due to a net of eleven fewer restaurants in operation since the end of the first quarter of 2013.

Operating Costs and Expenses (percentages stated as a percentage of restaurant sales for the restaurants being discussed). Cost of sales for all of our restaurants decreased to 28.6% in the first quarter of 2014 from 31.1% in the first quarter of 2013. Cost of sales at our legacy restaurants decreased to 28.4% in the first quarter of 2014 from 29.6% in the first quarter of 2013 due primarily to the effect of menu price increases (0.7%), a favorable sales mix and lower promotional sales discounts. Cost of sales at our acquired BKC restaurants decreased significantly to 28.8% in the first quarter of 2014 from 33.0% in the first quarter of 2013 due primarily to the improvement in restaurant-level food and cash controls (2.1%), the effect of menu price increases (1.5%) and higher vendor rebates.

Restaurant wages and related expenses for all of our restaurants increased to 33.6% in the first quarter of 2014 from 32.4% in the first quarter of 2013 due to the effect of lower sales volumes on fixed labor costs, higher workers compensation and medical claims (0.5%) and higher unemployment insurance costs (0.4%).

Other restaurant operating expenses for all of our restaurants increased to 17.2% in the first quarter of 2014 from 16.8% in the first quarter of 2013 due primarily to higher utility costs (0.3%) and the effect of lower sales volumes on fixed operating costs.

Advertising expense for all of our restaurants decreased to 4.3% in the first quarter of 2014 from 4.5% in the first quarter of 2013 due primarily to lower spending for additional local advertising in certain markets. Advertising expense as a percentage of sales is lower at our legacy restaurants compared to our acquired BKC restaurants due to advertising credits being received from BKC that are associated with 2012 menu enhancement initiatives and our installation of digital menu boards at our legacy restaurants. These expenditures at the acquired BKC restaurants were made prior to the acquisition.

Restaurant rent expense for all restaurants increased to 7.6% in the first quarter of 2014 from 7.5% in the first quarter of 2013 due primarily to the effect of lower sales volumes on fixed rental costs.

Restaurant-Level EBITDA. As a result of the factors above, Restaurant-Level EBITDA was \$13.2 million in the first quarter of 2014 compared to \$11.8 million in the first quarter of 2013. For a reconciliation between Restaurant-Level EBITDA and loss from operations see page 20.

General and Administrative Expenses. General and administrative expenses increased \$1.2 million in the first quarter of 2014 to \$10.3 million and, as a percentage of total restaurant sales, increased to 6.8% compared to 5.8% in the first quarter of 2013. The increase in general and administrative expenses was due primarily to \$1.3 million earned in the first quarter of 2013 for providing various administrative support functions for Fiesta Restaurant Group, Inc. ("Fiesta"), which ended in the fourth quarter of 2013.

Adjusted EBITDA. As a result of the factors above, Adjusted EBITDA decreased to \$3.2 million in the first quarter of 2014 from \$3.3 million in the first quarter of 2013. For a reconciliation between net loss and EBITDA and Adjusted EBITDA see page 20.

Depreciation and Amortization Expense. Depreciation and amortization expense increased to \$8.8 million in the first quarter of 2014 from \$8.1 million in the first quarter of 2013 due primarily to our remodeling initiatives in 2013 and the first quarter of 2014.

Impairment and Other Lease Charges. Impairment and other lease charges were \$0.6 million in the first quarter of 2014 and were comprised of other lease charges of \$0.4 million associated with the closure of a restaurant in the first quarter of 2014 and \$0.2 million of impairment charges associated with capital expenditures at previously impaired restaurants.

Interest Expense. Interest expense was \$4.7 million in the first quarter of both 2014 and 2013. The weighted average interest rate on our long-term debt, excluding lease financing obligations, was 11.20% in the first quarter of 2014 and 11.25% in the first quarter of 2013.

Benefit for Income Taxes. The benefit for income taxes for the first quarter of 2014 was derived using an estimated effective annual income tax rate for 2014 of 33.9%, which excludes any discrete tax adjustments. Our estimated effective tax rate for 2014 does not consider the Work Opportunity Tax Credit which expired at the end of 2013. This credit will be reflected in the our estimated effective tax rate in the period if and when re-enacted into law.

The benefit for income taxes for the first quarter of 2013 was derived using an estimated effective annual income tax rate for 2013 of 41.2%, which excluded discrete tax adjustments. In January 2013, the United States Congress authorized, and the President signed into law, certain federal tax credits that were reflected in our Federal tax return for 2012. However, since the law was enacted in 2013, the financial statement benefit of such credits totaling \$1.0 million was included in the benefit for income taxes in the first quarter of 2013.

Net Loss. As a result of the above, net loss for the first quarter of 2014 was \$7.4 million, or \$0.32 per diluted share, compared to a net loss in the first quarter of 2013 of \$5.2 million, or \$0.23 per diluted share.

Reconciliations of EBITDA and Adjusted EBITDA to net loss and Restaurant-Level EBITDA to loss from operations are as follows:

| | Three Months Ended | | | nded |
|---|---------------------------|---------|----------------|---------|
| Reconciliation of EBITDA and Adjusted EBITDA: | March 30, 2014 | | March 31, 2013 | |
| Net loss | \$ | (7,429) | \$ | (5,199) |
| Benefit for income taxes | | (3,758) | | (5,296) |
| Interest expense | | 4,703 | | 4,711 |
| Depreciation and amortization | | 8,758 | | 8,063 |
| EBITDA | | 2,274 | | 2,279 |
| Impairment and other lease charges | | 620 | | 630 |
| EEOC Litigation and settlement costs | | _ | | 85 |
| Stock-based compensation expense | | 296 | | 301 |
| Adjusted EBITDA | \$ | 3,190 | \$ | 3,295 |
| Reconciliation of Restaurant-Level EBITDA: | | | | |
| Restaurant-Level EBITDA | \$ | 13,161 | \$ | 11,802 |
| Less: | | | | |
| General and administrative expenses | \$ | 10,267 | | 9,078 |
| Depreciation and amortization | \$ | 8,758 | | 8,063 |
| Impairment and other lease charges | \$ | 620 | | 630 |
| Other income | \$ | _ | | (185) |
| Loss from operations | \$ | (6,484) | \$ | (5,784) |

Liquidity and Capital Resources

We do not have significant receivables or inventory and receive trade credit based upon negotiated terms in purchasing food products and other supplies. We are able to operate with a substantial working capital deficit because:

- restaurant operations are primarily conducted on a cash basis;
- rapid turnover results in a limited investment in inventories; and
- cash from sales is usually received before related liabilities for food, supplies and payroll become due.

On April 30, 2014, we completed a public offering of 10.0 million shares of our common stock at a price of \$6.20 per share. All shares were offered by us. We also issued an additional 1.5 million shares of our common stock pursuant to the underwriters' exercise of their option to purchase additional shares at the same terms and conditions as offered in the Public Offering, for a total share issuance of 11.5 million shares. The net proceeds will be approximately \$67.2 million after deducting underwriting discounts and commissions and estimated offering expenses.

Interest payments under our debt obligations, capital expenditures, including our commitment to BKC to remodel restaurants in 2014, payments of royalties and advertising to BKC and payments related to our lease obligations represent significant liquidity requirements for us. We believe net proceeds from the issuance of our common stock in the Public Offering, cash generated from our operations, and availability of revolving credit borrowings under our senior credit facility will provide sufficient cash availability to cover our anticipated working capital needs, capital expenditures and debt service requirements for the next twelve months.

Operating Activities. Net cash provided from operating activities in the first three months of 2014 decreased \$1.8 million to \$0.4 million, compared to the first three months of 2013, due primarily to a decrease in cash from changes in the components of net working capital of \$1.8 million and an increase in net loss of \$2.2 million, partially offset by a net increase in non-cash expenses of \$0.7 million pertaining to depreciation and amortization and impairment and other lease charges.

Investing Activities. Net cash used for investing activities in the first three months of 2014 and 2013 was \$8.8 million and \$13.5 million, respectively. Capital expenditures are a large component of our investing activities and include: (1) new restaurant development, which may include the purchase of real estate; (2) restaurant remodeling, which includes the renovation or rebuilding of the interior and exterior of our existing restaurants, including expenditures associated with our commitment to BKC to remodel

restaurants to the 20/20 image and franchise agreement renewals; (3) other restaurant capital expenditures, which include capital maintenance expenditures for the ongoing reinvestment and enhancement of our restaurants including expenditures to support BKC's ongoing menu enhancement initiatives; and (4) corporate and restaurant information systems, including expenditures for our point-of-sale software for our restaurants.

The following table sets forth our capital expenditures for the periods presented (in thousands):

| Three M | Ionths | Ended | March | 30, 2014 |
|---------|---------------|-------|-------|----------|
|---------|---------------|-------|-------|----------|

| \$ 1,408 |
|--------------|
| 4,020 |
| 1,283 |
| 254 |
| \$ 6,965 |
| 1 |
| |
| \$ 121 |
| 10,946 |
| 2,096 |
| 355 |
| \$ 13,518 |
| |
| \$ |

1) Excludes restaurant repair and maintenance expenses included in other restaurant operating expenses in our consolidated financial statements. For the three months ended March 30, 2014 and March 31, 2013, total restaurant repair and maintenance expenses were approximately \$4.3 million and \$4.5 million, respectively.

2) Includes one restaurant which was relocated within the same market area under a new franchise agreement.

In 2014, we anticipate that total capital expenditures will range from \$42 million to \$47 million, although the actual amount of capital expenditures may differ from these estimates. Capital expenditures in 2014 are expected to include approximately \$30 million to \$32 million for remodeling a total of 105 to 115 restaurants in 2014 to the BKC 20/20 image standard, \$4 million to \$5 million to scrape and rebuild three restaurants and capital restaurant maintenance expenditures of approximately \$7 million.

Investing activities in 2014 included \$3.4 million of purchases of properties for future sale-leaseback and proceeds from a sale-leaseback transaction of \$1.6 million. The net proceeds from this sale was used to reduce outstanding borrowings under our senior credit facility.

Financing Activities. Net cash provided by financing activities in the first three months of 2014 was \$1.5 million, primarily related to revolving credit borrowings under our senior credit facility. Net cash used in financing activities in the first three months of 2013 was \$0.3 million which was related to principal payments on capital leases.

Senior Secured Second Lien Notes. On May 30, 2012, we issued \$150.0 million of the Notes pursuant to an indenture dated as of May 30, 2012 governing such Notes. The Notes mature and are payable on May 15, 2018. Interest is payable semi-annually on May 15 and November 15. The Notes are guaranteed by our material subsidiaries and are secured by second-priority liens on substantially all of ours and our subsidiaries' assets (including a pledge of all of the capital stock and equity interests of our subsidiaries).

The Notes are redeemable at our option in whole or in part at any time after May 15, 2015 at a price of 105.625% of the principal amount plus accrued and unpaid interest, if any, if redeemed before May 15, 2016, 102.813% of the principal amount plus accrued and unpaid interest, if any, if redeemed after May 15, 2016 but before May 15, 2017 and 100% of the principal amount plus accrued and unpaid interest, if any, if redeemed after May 15, 2017. Prior to May 15, 2015, we may redeem some or all of the Notes at a redemption price of 100% of the principal amount of each Note plus accrued and unpaid interest, if any, and a make-whole premium. In addition, the indenture governing the Notes also provides that we may redeem up to 35% of the Notes using the proceeds of certain equity offerings completed before May 15, 2015.

The Notes are jointly and severally guaranteed, unconditionally and in full by our material subsidiaries which are directly or indirectly 100% owned by us. Separate condensed consolidating information is not included because Carrols Restaurant Group is a holding company that has no independent assets or operations. There are no significant restrictions on our ability or any of

the guarantor subsidiaries' ability to obtain funds from its respective subsidiaries. All consolidated amounts in our financial statements are representative of the combined guarantors.

The indenture governing the Notes includes certain covenants, including limitations and restrictions on our and our subsidiaries who are guarantors under such indenture to, among other things: incur indebtedness or issue preferred stock; incur liens; pay dividends or make distributions in respect of capital stock or make certain other restricted payments or investments; sell assets; agree to payment restrictions affecting certain subsidiaries; enter into transaction with affiliates; or merge, consolidate or sell substantially all of our assets.

The indenture governing the Notes and the security agreement provide that any capital stock and equity interests of any of our subsidiaries will be excluded from the collateral to the extent that the par value, book value or market value of such capital stock or equity interests exceeds 20% of the aggregate principal amount of the Notes then outstanding.

The indenture governing the Notes contains customary default provisions, including without limitation, a cross default provision pursuant to which it is an event of default under the Notes and the indenture governing the Notes if there is a default under any of our indebtedness having an outstanding principal amount of \$15.0 million or more which results in the acceleration of such indebtedness prior to its stated maturity or is caused by a failure to pay principal when due. We were in compliance as of March 30, 2014 with the restrictive covenants of the indenture governing the Notes.

Senior Credit Facility. On May 30, 2012, we entered into a senior credit facility, which provides for aggregate revolving credit borrowings of up to \$20.0 million (including \$15.0 million available for letters of credit) maturing on May 30, 2017. The senior credit facility also provides for incremental borrowing increases of up to \$25.0 million, in the aggregate.

Under the senior credit facility (all terms not otherwise defined herein are defined in our senior credit facility), we have deposited \$20.0 million in an account with the Administrative Agent as collateral for the senior credit facility until the date on which our Adjusted Leverage Ratio is less than 6.00x for two consecutive fiscal quarters (the "Cash Collateral Release Date"). This amount is classified as restricted cash on our consolidated balance sheet as of March 30, 2014.

Prior to the Cash Collateral Release Date, revolving credit borrowings under the senior credit facility bear interest at a rate per annum, at our option, of:

(i) the Alternate Base Rate plus the applicable margin of 0.75% or

(ii) the LIBOR Rate plus the applicable margin of 1.75%.

Following the Cash Collateral Release Date, borrowings under the senior credit facility will bear interest at a rate per annum, at our option, of

(i) the Alternate Base Rate plus the applicable margin of 2.50% to 3.25% based on our Adjusted Leverage Ratio, or

(ii) the LIBOR Rate plus the applicable margin of 3.50% to 4.25% based on our Adjusted Leverage Ratio.

Our obligations under the senior credit facility are guaranteed by our subsidiaries and are secured by first priority liens on substantially all of our assets and our subsidiaries, including a pledge of all of the capital stock and equity interests of the subsidiaries.

Under the senior credit facility, we will be required to make mandatory prepayments of borrowings in the event of dispositions of assets, debt issuances and insurance and condemnation proceeds (all subject to certain exceptions). The senior credit facility contains certain covenants, including, without limitation, those limiting our and our subsidiaries' ability to, among other things, incur indebtedness, incur liens, sell or acquire assets or businesses, change the character of its business in all material respects, engage in transactions with related parties, make certain investments, make certain restricted payments or pay dividends. In addition, the senior credit facility requires us to meet certain financial ratios, including the Fixed Charge Coverage Ratio and the Adjusted Leverage Ratio; however, we are not required to be in compliance with such ratios so long as the senior credit facility is cash collateralized.

The senior credit facility contains customary default provisions, including that the lenders may terminate their obligation to advance and may declare the unpaid balance of borrowings, or any part thereof, immediately due and payable upon the occurrence and during the continuance of customary defaults which include, without limitation, payment default, covenant defaults, bankruptcy type defaults, cross-defaults on other indebtedness, judgments or upon the occurrence of a change of control.

At March 30, 2014 there were revolving credit borrowings of \$1.75 million outstanding under the senior credit facility. After reserving \$7.6 million for letters of credit issued under the senior credit facility for workers' compensation and other insurance policies, \$10.6 million was available for revolving credit borrowings under the senior credit facility at March 30, 2014.

Contractual Obligations

A table of our contractual obligations as of December 29, 2013 was included in Item 7, "Management's Discussion and Analysis of Financial Condition and Results of Operations" of our Annual Report on Form 10-K for the fiscal year ended December 29, 2013. There have been no significant changes to our contractual obligations during the three months ended March 30, 2014.

Off-Balance Sheet Arrangements

We have no off-balance sheet arrangements other than our operating leases, which are primarily for our restaurant properties and not recorded on our consolidated balance sheet.

Inflation

The inflationary factors that have historically affected our results of operations include increases in food and paper costs, labor and other operating expenses, the cost of providing medical and prescription drug insurance to our employees and energy costs. Wages paid in our restaurants are impacted by changes in the Federal and state hourly minimum wage rates. Accordingly, changes in the Federal and state hourly minimum wage rates directly affect our labor costs. We typically attempt to offset the effect of inflation, at least in part, through periodic menu price increases and various cost reduction programs. However, no assurance can be given that we will be able to offset such inflationary cost increases in the future.

Application of Critical Accounting Policies

Our unaudited interim consolidated financial statements and accompanying notes are prepared in accordance with accounting principles generally accepted in the United States of America. Preparing consolidated financial statements requires us to make estimates and assumptions that affect the reported amounts of assets, liabilities, revenue and expenses. These estimates and assumptions are affected by the application of our accounting policies. Our significant accounting policies are described in the "Significant Accounting Policies" footnote in the notes to the Consolidated Financial Statements included in our Annual Report on Form 10-K for the fiscal year ended December 29, 2013. Critical accounting estimates are those that require application of management's most difficult, subjective or complex judgments, often as a result of matters that are inherently uncertain and may change in subsequent periods. There have been no material changes affecting our critical accounting policies previously disclosed in our Annual Report on Form 10-K for the fiscal year ended December 29, 2013.

Forward Looking Statements

This Quarterly Report on Form 10-Q contains statements which constitute forward-looking statements within the meaning of Section 27A of the Securities Act of 1933, as amended (the "Securities Act"), and Section 21E of the Securities Exchange Act of 1934, as amended (the "Exchange Act"). Statements that are predictive in nature or that depend upon or refer to future events or conditions are forward-looking statements. These statements are often identified by the words "may", "might", "will", "should", "anticipate", "believe", "expect", "intend", "estimate", "hope", "plan" or similar expressions. In addition, expressions of our strategies, intentions or plans are also forward looking statements. These statements reflect management's current views with respect to future events and are subject to risks and uncertainties, both known and unknown. You are cautioned not to place undue reliance on these forward-looking statements, which speak only as of their date. There are important factors that could cause actual results to differ materially from those in forward-looking statements, many of which are beyond our control. Investors are cautioned that any such forward-looking statements are not guarantees of future performance and involve risks and uncertainties, and that actual results may differ materially from those projected or implied in the forward-looking statements. We have identified significant factors that could cause actual results to differ materially from those stated or implied in the forward-looking statements. We believe important factors that could cause actual results to differ materially from those stated or implied in the forward-looking statements. We believe important factors that could cause actual results to differ materially from those stated or implied in the forward-looking statements. We believe important factors that could cause actual results to differ materially from those stated or implied in the forward-looking statements. We believe important factors that could cause actual results to

- The effect of our tax-free spin-off of Fiesta, including any potential tax liability that may arise;
- Effectiveness of the Burger King[®] advertising programs and the overall success of the Burger King brand;
- Increases in food costs and other commodity costs;
- Competitive conditions;
- Our ability to integrate any restaurants we acquire;
- *Regulatory factors;*

- Environmental conditions and regulations;
- General economic conditions, particularly in the retail sector;
- Weather conditions;
- Fuel prices;
- Significant disruptions in service or supply by any of our suppliers or distributors;
- Changes in consumer perception of dietary health and food safety;
- Labor and employment benefit costs, including the effects of healthcare reform;
- The outcome of pending or future legal claims or proceedings;
- Our ability to manage our growth and successfully implement our business strategy;
- Our inability to service our indebtedness;
- Our borrowing costs and credit ratings, which may be influenced by the credit ratings of our competitors;
- The availability and terms of necessary or desirable financing or refinancing and other related risks and uncertainties; and
- Factors that affect the restaurant industry generally, including recalls if products become adulterated or misbranded, liability if our products cause injury, ingredient disclosure and labeling laws and regulations, reports of cases of food borne illnesses such as "mad cow" disease and avian flu, and the possibility that consumers could lose confidence in the safety and quality of certain food products, as well as negative publicity regarding food quality, illness, injury or other health concerns.

ITEM 3-QUANTITATIVE AND QUALITATIVE DISCLOSURES ABOUT MARKET RISK

There were no material changes from the information presented in Item 7A included in our Annual Report on Form 10-K for the year ended December 29, 2013, as amended, with respect to our market risk sensitive instruments.

A 1% change in interest rates would have resulted in a nominal change to interest expense for the three months ended March 30, 2014 and no change to interest expense for the three months ended March 31, 2013.

ITEM 4—CONTROLS AND PROCEDURES

Disclosure Controls and Procedures. Our senior management is responsible for establishing and maintaining disclosure controls and procedures (as defined in Rules 13a-15(e) and 15d – 15(e) under the Securities Exchange Act of 1934, as amended (the "Exchange Act")), designed to ensure that information required to be disclosed by us in the reports that we file or submit under the Exchange Act is recorded, processed, summarized and reported, within the time periods specified in the Securities and Exchange Commission's rules and forms. Disclosure controls and procedures include, without limitation, controls and procedures designed to ensure that information required to be disclosed by an issuer in the reports that it files or submits under the Exchange Act is accumulated and communicated to the issuer's management, including its principal executive officer or officers and principal financial officer or officers, or persons performing similar functions, as appropriate to allow timely decisions regarding required disclosure.

Evaluation of Disclosure Controls and Procedures. We have evaluated the effectiveness of our disclosure controls and procedures (as defined in Rules 13a-15(e) and 15d-15(e) under the Exchange Act) as of the end of the period covered by this report, with the participation of our Chief Executive Officer and Chief Financial Officer, as well as other key members of our management. Based on this evaluation, our Chief Executive Officer and Chief Financial Officer concluded that our disclosure controls and procedures were effective as of March 30, 2014.

No change occurred in our internal control over financial reporting during the first quarter of 2014 that materially affected, or is reasonably likely to materially affect, our internal control over financial reporting.

PART II—OTHER INFORMATION

Item 1. Legal Proceedings

None

Item 1A. Risk Factors

Part I-Item 1A of Annual Report on Form 10-K, as amended, for the fiscal year ended December 29, 2013 describes important factors that could materially adversely affect our business, consolidated financial condition or results of operations or cause our operating results to differ materially from those indicated or suggested by forward-looking statements made in this Form 10-Q or presented elsewhere by management from time-to-time. There have been no material changes from the risk factors previously disclosed in our Annual Report on Form 10-K, as amended, for the fiscal year ended December 29, 2013.

Item 2. Unregistered Sales of Equity Securities and Use of Proceeds

None

Item 3. Defaults Upon Senior Securities

None

Item 4. Mine Safety Disclosures

Not applicable

Item 5. Other Information

None

Item 6. Exhibits

(a) The following exhibits are filed as part of this report.

Exhibit No.

- 31.1 Chief Executive Officer's Certificate Pursuant to Section 302 of the Sarbanes-Oxley Act of 2002 for Carrols Restaurant Group, Inc.
- 31.2 Chief Financial Officer's Certificate Pursuant to Section 302 of the Sarbanes-Oxley Act of 2002 for Carrols Restaurant Group, Inc.
- 32.1 Chief Executive Officer's Certificate Pursuant to 18 U.S.C. Section 1350, As Adopted Pursuant to Section 906 of the Sarbanes-Oxley Act of 2002 for Carrols Restaurant Group, Inc.
- 32.2 Chief Financial Officer's Certificate Pursuant to 18 U.S.C. Section 1350, As Adopted Pursuant to Section 906 of the Sarbanes-Oxley Act of 2002 for Carrols Restaurant Group, Inc.
- 101.INS XBRL Instance Document
- 101.SCH XBRL Taxonomy Extension Schema Document
- 101.CAL XBRL Taxonomy Extension Calculation Linkbase Document
- 101.DEF XBRL Taxonomy Extension Definition Linkbase Document
- 101.LAB XBRL Taxonomy Extension Label Linkbase Document
- 101.PRE XBRL Taxonomy Extension Presentation Linkbase Document

SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned thereunto duly authorized.

CARROLS RESTAURANT GROUP, INC.

Date: May 7, 2014

/s/ Daniel T. Accordino

(Signature) Daniel T. Accordino Chief Executive Officer

Date: May 7, 2014

/s/ Paul R. Flanders

(Signature) Paul R. Flanders Vice President – Chief Financial Officer and Treasurer

CERTIFICATIONS

I, Daniel T. Accordino, certify that:

1. I have reviewed this quarterly report on Form 10-Q for the period ended March 30, 2014 of Carrols Restaurant Group, Inc.;

2. Based on my knowledge, this report does not contain any untrue statement of a material fact or omit to state a material fact necessary to make the statements made, in light of the circumstances under which such statements were made, not misleading with respect to the period covered by this report;

3. Based on my knowledge, the financial statements, and other financial information included in this report, fairly present in all material respects the financial condition, results of operations and cash flows of the registrant as of, and for, the periods presented in this report;

4. The registrant's other certifying officer and I are responsible for establishing and maintaining disclosure controls and procedures (as defined in Exchange Act Rules 13a-15(e) and 15d-15(e)) and internal control over financial reporting (as defined in Exchange Act Rules 13a-15(f) and 15d-15(f)) for the registrant and have:

a) Designed such disclosure controls and procedures, or caused such disclosure controls and procedures to be designed under our supervision, to ensure that material information relating to the registrant, including its consolidated subsidiaries, is made known to us by others within those entities, particularly during the period in which this report is being prepared;

b) Designed such internal control over financial reporting, or caused such internal control over financial reporting to be designed under our supervision, to provide reasonable assurance regarding the reliability of financial reporting and the preparation of financial statements for external purposes in accordance with generally accepted accounting principles;

c) Evaluated the effectiveness of the registrant's disclosure controls and procedures and presented in this report our conclusions about the effectiveness of the disclosure controls and procedures, as of the end of the period covered by this report based on such evaluation; and

d) Disclosed in this report any change in the registrant's internal control over financial reporting that occurred during the registrant's most recent fiscal quarter, that has materially affected, or is reasonably likely to materially affect, the registrant's internal control over financial reporting; and

5. The registrant's other certifying officer and I have disclosed, based on our most recent evaluation of internal control over financial reporting, to the registrant's auditors and the audit committee of the registrant's board of directors (or persons performing the equivalent functions):

a) All significant deficiencies and material weaknesses in the design or operation of internal control over financial reporting which are reasonably likely to adversely affect the registrant's ability to record, process, summarize and report financial information; and

b) Any fraud, whether or not material, that involves management or other employees who have a significant role in the registrant's internal control over financial reporting.

Date: May 7, 2014

/s/ Daniel T. Accordino

Daniel T. Accordino Chief Executive Officer

CERTIFICATIONS

I, Paul R. Flanders, certify that:

1. I have reviewed this quarterly report on Form 10-Q for the period ended March 30, 2014 of Carrols Restaurant Group, Inc.;

2. Based on my knowledge, this report does not contain any untrue statement of a material fact or omit to state a material fact necessary to make the statements made, in light of the circumstances under which such statements were made, not misleading with respect to the period covered by this report;

3. Based on my knowledge, the financial statements, and other financial information included in this report, fairly present in all material respects the financial condition, results of operations and cash flows of the registrant as of, and for, the periods presented in this report;

4. The registrant's other certifying officer and I are responsible for establishing and maintaining disclosure controls and procedures (as defined in Exchange Act Rules 13a-15(e) and 15d-15(e)) and internal control over financial reporting (as defined in Exchange Act Rules 13a-15(f) and 15d-15(f)) for the registrant and have:

a) Designed such disclosure controls and procedures, or caused such disclosure controls and procedures to be designed under our supervision, to ensure that material information relating to the registrant, including its consolidated subsidiaries, is made known to us by others within those entities, particularly during the period in which this report is being prepared;

b) Designed such internal control over financial reporting, or caused such internal control over financial reporting to be designed under our supervision, to provide reasonable assurance regarding the reliability of financial reporting and the preparation of financial statements for external purposes in accordance with generally accepted accounting principles;

c) Evaluated the effectiveness of the registrant's disclosure controls and procedures and presented in this report our conclusions about the effectiveness of the disclosure controls and procedures, as of the end of the period covered by this report based on such evaluation; and

d) Disclosed in this report any change in the registrant's internal control over financial reporting that occurred during the registrant's most recent fiscal quarter, that has materially affected, or is reasonably likely to materially affect, the registrant's internal control over financial reporting; and

5. The registrant's other certifying officer and I have disclosed, based on our most recent evaluation of internal control over financial reporting, to the registrant's auditors and the audit committee of the registrant's board of directors (or persons performing the equivalent functions):

a) All significant deficiencies and material weaknesses in the design or operation of internal control over financial reporting which are reasonably likely to adversely affect the registrant's ability to record, process, summarize and report financial information; and

b) Any fraud, whether or not material, that involves management or other employees who have a significant role in the registrant's internal control over financial reporting.

Date: May 7, 2014

/s/ Paul R. Flanders

Paul R. Flanders Vice President, Chief Financial Officer and Treasurer

CERTIFICATE PURSUANT TO

18 U.S.C. SECTION 1350,

AS ADOPTED PURSUANT TO

SECTION 906 OF THE SARBANES-OXLEY ACT OF 2002

The undersigned, Daniel T. Accordino, Chief Executive Officer of Carrols Restaurant Group, Inc. (the "Company"), hereby certifies, pursuant to 18 U.S.C. §1350, as adopted pursuant to §906 of the Sarbanes-Oxley Act of 2002, that:

(1) The Company's Quarterly Report on Form 10-Q for the period ended March 30, 2014, as filed with the Securities and Exchange Commission on the date hereof (the "Quarterly Report"), fully complies with the requirements of Section 13(a) or 15(d) of the Securities Exchange Act of 1934; and

(2) The information contained in the Quarterly Report fairly presents, in all material respects, the financial condition and results of operations of the Company.

/s/ Daniel T. Accordino

Daniel T. Accordino Chief Executive Officer

May 7, 2014

CERTIFICATE PURSUANT TO

18 U.S.C. SECTION 1350,

AS ADOPTED PURSUANT TO

SECTION 906 OF THE SARBANES-OXLEY ACT OF 2002

The undersigned, Paul R. Flanders, Vice President, Chief Financial Officer and Treasurer of Carrols Restaurant Group, Inc. (the "Company"), hereby certifies, pursuant to 18 U.S.C. §1350, as adopted pursuant to §906 of the Sarbanes-Oxley Act of 2002, that:

(1) The Company's Quarterly Report on Form 10-Q for the period ended March 30, 2014, as filed with the Securities and Exchange Commission on the date hereof (the "Quarterly Report"), fully complies with the requirements of Section 13(a) or 15(d) of the Securities Exchange Act of 1934; and

(2) The information contained in the Quarterly Report fairly presents, in all material respects, the financial condition and results of operations of the Company.

/s/ Paul R. Flanders

Paul R. Flanders Vice President, Chief Financial Officer and Treasurer

May 7, 2014