



Carrols Restaurant Group, Inc. to Present at Two Investor Conferences on January 16th

SYRACUSE, N.Y.--(BUSINESS WIRE)--Jan. 4, 2008--Carrols Restaurant Group, Inc. (Nasdaq: TAST) today announced its participation at two upcoming investor conferences.

On Wednesday, January 16, 2008, the Company's Chief Financial Officer, Paul Flanders, will present at the 10th Annual ICR XChange Conference at the St. Regis Monarch Beach Resort & Spa in Dana Point, CA. The presentation will begin at 1:30 PM Eastern Time.

On Wednesday, January 16, 2008, the Company's Chairman and Chief Executive Officer, Alan Vituli, will present at the Cowen and Company 6th Annual Consumer Conference at the Westin New York at Times Square in New York, NY. The presentation will begin at 1:30 PM Eastern Time.

Both conferences will be webcast live from the company's website at www.carrols.com, under the investor relations section

About the Company

Carrols Restaurant Group, Inc., operating through its subsidiaries, including Carrols Corporation, is one of the largest restaurant companies in the United States, operating three restaurant brands in the quick-casual and quick-service restaurant segments with 554 company-owned and operated restaurants in 16 states as of December 31, 2007, and 30 franchised restaurants in the United States, Puerto Rico and Ecuador. Carrols Restaurant Group owns and operates two Hispanic Brand restaurants, Pollo Tropical and Taco Cabana. Carrols Restaurant Group is also the largest Burger King franchisee, based on number of restaurants, and has operated Burger King restaurants since 1976.

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SOURCE: Carrols Restaurant Group, Inc.