

Carrols Restaurant Group, Inc. to Participate at Two Investor Conferences

SYRACUSE, N.Y.--(BUSINESS WIRE)-- Carrols Restaurant Group, Inc. ("Carrols") (Nasdaq:TAST) today announced that Paul Flanders, Chief Financial Officer, will participate at two upcoming investor conferences.

On May 29, 2014, the Company will present at the Citi's 2014 Global Consumer Conference at The Hilton New York Hotel in New York City beginning at 9:40 a.m. Eastern Time.

On June 3, 2014, the Company will present at the Stephens Spring Investment Conference at The New York Palace Hotel in New York City beginning at 9:00 a.m. Eastern Time.

Investors and interested parties may listen to the webcast of these presentations by visiting www.carrols.com under the investor relations tab.

About the Company

Carrols Restaurant Group, Inc. is the largest BURGER KING® franchisee in the world with 560 restaurants as of March 30, 2014 and has operated BURGER KING® restaurants since 1976. For more information on Carrols, please visit the company's website at www.carrols.com.

Investor Relations: Carrols Restaurant Group, Inc. 800-348-1074, ext. 3333 investorrelations@carrols.com

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