# UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

## FORM 8-K

CURRENT REPORT Pursuant to Section 13 or 15(d) of the Securities Exchange Act of 1934

Date of Report (Date of earliest event reported) March 27, 2019

# Carrols Restaurant Group, Inc.

(Exact name of registrant as specified in its charter)



Delaware	001-33174	16-1287774
(State or other jurisdiction of	(Commission	(I.R.S. Employer
incorporation or organization)	File Number)	Identification No.)
968 James Street		
Syracuse, New York		13203
(Address of principal executive office)		(Zip Code)
Registrant's tel	ephone number, including area code (315	6) 424-0513
	N/A	
(Former nam	ne or former address, if changed since last	t report.)
Check the appropriate box below if the Form 8-K filing is in provisions:	ntended to simultaneously satisfy the filing of	obligation of the registrant under any of the following
<ul> <li>□ Written communications pursuant to Rule 425 under the</li> <li>□ Soliciting material pursuant to Rule 14a-12 under the Ex</li> <li>□ Pre-commencement communications pursuant to Rule 14</li> <li>□ Pre-commencement communications pursuant to Rule 13</li> </ul>	change Act (17 CFR 240.14a-12) 4d-2(b) under the Exchange Act (17 CFR 24	0.14d-2(b))
Indicate by check mark whether the registrant is an emergin or Rule 12b-2 of the Securities Exchange Act of 1934 (§240)		f the Securities Act of 1933 (§230.405 of this chapter)
Emerging growth company o		
If an emerging growth company, indicate by check mark if	the to use the extended transition period for	complying with any new or revised financial

accounting registrant has elected not standards provided pursuant to Section 7(a)(2)(B) of the Securities Act. o

#### ITEM 7.01. REGULATION FD DISCLOSURE.

On March 27, 2019, Carrols Holdco Inc., a wholly owned subsidiary of Carrols Restaurant Group, Inc. formed in connection with the Agreement and Plan of Merger (the "Merger Agreement") dated as of February 19, 2019 among Carrols Restaurant Group, Inc., Carrols Holdco Inc., GRC MergerSub Inc., GRC MergerSub LLC, Cambridge Franchise Partners, LLC, Cambridge Franchise Holdings, LLC and New CFH, LLC, filed a Registration Statement on Form S-4 as contemplated by the terms of the Merger Agreement.

#### **SIGNATURES**

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

### CARROLS RESTAURANT GROUP, INC.

Date: March 27, 2019

By: /s/ William E. Myers

Name: William E. Myers Title: Vice President,

General Counsel and Secretary