UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

FORM 8-K

CURRENT REPORT

Pursuant to Section 13 or 15(d) of the **Securities Exchange Act of 1934** Date of Report (Date of earliest event reported) September 9, 2019

Carrols Restaurant Group, Inc. (Exact name of registrant as specified in its charter)



	CARROLS	
Delaware	001-33174	83-3804854
(State or other jurisdiction of	(Commission	(I.R.S. Employer
incorporation or organization)	File Number)	Identification No.)
968 James Street		
Syracuse, New York		13203
(Address of principal executive office)		(Zip Code)
Registrant's to	elephone number, including area code ((315) 424-0513
	N/A	
(Former nam	me or former address, if changed since	last report.)
Securities registered pursuant to Section 12(b) of the Act:		
	T. H. G. L.K.)	
Title of each class	Trading Symbol(s)	Name of each exchange on which registered
Common Stock, par value \$.01 per share	TAST	The NASDAQ Global Market
Check the appropriate box below if the Form 8-K filing is provisions:	intended to simultaneously satisfy the fili	ng obligation of the registrant under any of the following
\square Written communications pursuant to Rule 425 under	the Securities Act (17 CFR 230.425)	
☐ Soliciting material pursuant to Rule 14a-12 under the	Exchange Act (17 CFR 240.14a-12)	
☐ Pre-commencement communications pursuant to Rule	e 14d-2(b) under the Exchange Act (17 C	FR 240.14d-2(b))
☐ Pre-commencement communications pursuant to Rul	e 13e-4(c) under the Exchange Act	
Indicate by check mark whether the registrant is an emergin or Rule 12b-2 of the Securities Exchange Act of 1934 (§24		05 of the Securities Act of 1933 (§230.405 of this chapter)
Emerging growth company \square		
If an emerging growth company, indicate by check mark if revised financial accounting standards provided pursuant to		xtended transition period for complying with any new or

ITEM 7.01. REGULATION FD DISCLOSURE.

On September 9, 2019, Carrols Restaurant Group, Inc. issued a press release, the entire text of which is attached as Exhibit 99.1 and is incorporated by reference herein.

Item 9.01. FINANCIAL STATEMENTS AND EXHIBITS.

(d) Exhibits

99.1 <u>Carrols Restaurant Group, Inc. Press Release, dated September 9, 2019</u>

Signature

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

Date: September 9, 2019

Carrols Restaurant Group, Inc.

By: /s/ William E. Myers

Name: William E. Myers

Title: Vice President, General Counsel and Secretary



FOR IMMEDIATE RELEASE

Investor Relations: 800-348-1074, ext. 3333 investorrelations@carrols.com

Carrols Restaurant Group, Inc. Announces the Death of Chief Financial Officer Paul R. Flanders

SYRACUSE, N.Y. – (BUSINESS WIRE) – September 9, 2019 – Carrols Restaurant Group, Inc. ("Carrols" or the "Company") (Nasdaq: TAST) today announced the death of Paul R. Flanders on September 7, 2019, who had served as Vice President, Chief Financial Officer, and Treasurer of Carrols since 1997.

Daniel T. Accordino, Chairman and Chief Executive Officer of Carrols, said, "We are all shocked and saddened by Paul's passing. Paul was a highly respected and talented individual whose friendship has meant so much to me personally as well to the people with whom he worked at Carrols for more than two decades. He will be sorely missed by us all. On behalf of the entire Carrols family, we extend our deepest sympathies during this difficult time to his wife Carole Ann and his daughters, Jess and Emily, as well as Tiffany and Shawn Kelly, Brittany and Bill Kittell, and his adored granddaughters, Kennedy, Alexa and Sadie, who meant the world to him."

Mr. Flanders' duties are currently being assumed and performed by the existing finance and accounting team until his replacement is named. The Company has initiated a search for his replacement.

About the Company

Carrols is one of largest restaurant franchisees in the United States, and currently operates a total of 1,087 restaurants. It is the largest BURGER KING® franchisee in the United States currently operating 1,027 BURGER KING® restaurants and also operates 60 POPEYES® restaurants. It has operated BURGER KING® restaurants since 1976. For more information on Carrols, please visit the company's website at www.carrols.com.

Forward-Looking Statements

Except for the historical information contained in this news release, the matters addressed are forward-looking statements. Forward-looking statements, written, oral or otherwise made, represent Carrols' expectation or belief concerning future events. Without limiting the foregoing, these statements are often identified by the words "may", "might", "believes", "thinks", "anticipates", "plans", "expects", "intends" or similar expressions. In addition, expressions of our strategies, intentions, plans or guidance are also forward-looking statements. Such statements reflect management's current views with respect to future events and are subject to risks and uncertainties, both known and unknown. You are cautioned not to place undue reliance on these forward-looking statements as there are important factors that could cause actual results to differ materially from those in forward-looking statements, many of which are beyond our control. Investors are referred to the full discussion of risks and uncertainties as included in Carrols' filings with the Securities and Exchange Commission.